



February 2023

This Institution is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1% white milk, skim white milk, fat free chocolate milk offered for every meal.			1/ Breakfast: Pancakes Lunch: Broccoli Cheddar Soup, Stuffed Cheese Stick, Toss Salad, Diced Pears Alternate: Cold Ham w/ WG Bun	2/ Breakfast: Yogurt Parfait Lunch: Cheddarwurst w/ WG Bun, Baked Beans, Celery Sticks w/ LC Ranch, Diced Peaches Alternate: Combo Sub w/ WG Bun	3/ Breakfast: Skillet Omelet w/ Toast Lunch: Pepperoni Calzone, Marinara, Cucumber Slices w/ LC Ranch, Pineapple Tidbits, Cookie Alternate: Chicken Salad w/ WG Bun	4/
5/	6/ Breakfast: Muffin Lunch: Sloppy Joe w/ WG Bun, Hashbrown, Mixed Veggies, Apple Slices Alternate: Turkey Wrap	7/ Breakfast: Churros Lunch: Walking Taco, Shredded Lettuce, Diced Tomatoes, Shredded Cheese, Banana, Cookie Alternate: Egg Salad w/ WG Bun	8/ Breakfast: Breakfast Bagel Lunch: Turkey & Gravy, Mashed Potatoes, Green Beans, Dinner Roll, Mixed Fruit Alternate: Ham & Cheese w/ WG Bun	9/ Breakfast: Waffles Lunch: Breaded Corn Dog, Baked Beans, Cucumber Slices w/ LC Ranch, Diced Peaches Alternate: Turkey & Swiss w/ WG Bun	10/ Breakfast: Breakfast Burrito Lunch: Pizza Round, Romaine, Carrot Sticks w/ LC Ranch, Frozen Fruit Cup Alternate: Tuna Salad w/ WG Bun	11/
	13/ Breakfast: Bagel w/ Cream Cheese Lunch: Hamburger w/ WG Bun, Smiley Potatoes, Steamed Carrots, Fresh Kiwi Alternate: Turkey-Ham-Cheese w/ WG Bun	14/ Breakfast: Mini Breakfast Bites Lunch: Popcorn Chicken, Mac&Cheese, Celery Sticks w/LC Ranch, "Blushing Pears" Alternate: Egg Salad w/ WG Bun	15/ Breakfast: Scrambled Eggs Lunch: Spaghetti, Garlic Toast, Toss Salad, Raisels Alternate: Cold Ham w/ WG Bun	16/ Breakfast: Biscuits & Gravy Lunch: BBQ Rib w/ WG Bun, Baked Beans, Carrot Sticks w/ LC Ranch, Diced Peaches Alternate: Combo w/ WG Bun	17/ Breakfast: Long John Lunch: Pizza Crunchers, Marinara, Fresh Broccoli w/ LC Ranch, Pineapple Tidbits, Cookie Alternate: Chicken Salad w/ WG Bun	18/
19/	20/ Breakfast: Breakfast Pizza Lunch: Crispito, Corn, Grape Tomatoes, Mandarin Oranges Alternate: Tuna Salad w/ WG Bun	21/ Breakfast: Pop Tart Lunch: Breaded Chicken Patty w/ WG Bun, Peas, Carrot Sticks w/ LC Ranch, Banana Alternate: Turkey&Cheese Wrap	22/ Breakfast: French Toast Lunch: Chilli, Mini Cini, Celery Sticks w/ LC Ranch, Mixed Fruit Alternate: Chicken Salad	23/ Breakfast: Snackbread Lunch: Bratwurst w/ WG Bun, Baked Beans, Coleslaw, Applesauce Alternate: Ham&Cheese w/ WG Bun	24/ Breakfast: Mini Donuts Lunch: Stuffed Crust Pizza, Fresh Broccoli w/ LC Ranch, Toss Salad, Diced Peaches, Cookie Alternate: Turkey&Swiss w/ WG Bun	25/
26/	27/ Breakfast: Pancakes Lunch: Cheesy Pull-Apart, Marinara, Fresh Broccoli w/ LC Ranch, Pineapple Tidbits Alternate: Cold Ham w/ WG Bun	28/ Breakfast: Breakfast Bar Lunch: Chicken Nuggets, Corn, Cucumber Slices w/ LC Ranch, Apple Slices Alternate: Ham Salad w/ WG Bun				

SALAD BAR offered for grades 5-12 daily. Items may include lettuce, fresh fruits and vegetables, canned fruits, diced eggs, diced ham, pasta salads, yogurt

menus are subject to change