

April 2023

This Institution is an equal opportunity provider.

	Sunday	Monday	Tuesday		Thursday	Friday	Saturday
	1% white milk, skim white milk, fat free chocolate milk offered for every meal.	3/ Breakfast: Muffin Lunch: Pancake Sausage Stick, Hashbrown, Dragon Punch Vegetable Juice, Applesauce Alternate: Tuna Salad w/ WG Bun	4/ Breakfast: Waffles Lunch: Chicken Quesadilla, Salsa, Corn, Orange Alternate: Cold Ham w/ WG Bun	5/ Breakfast: Churros Lunch: Goulash, Green Beans, Dinner Roll, Diced Pears Alternate: Turkey & Swiss w/ WG Bun	6/ Breakfast: Snackbread Lunch: Hot Dog w/ WG Bun, Baked Beans, Cucumber Slices w/ LC Ranch, Diced Peaches Alternate: Ham Salad w/ WG Bun	7/ NO SCHOOL	8/
9/		10/ NO SCHOOL	11/ Breakfast: Bagel w/ Cream Cheese Lunch: Breaded Corn Dog, Baked Beans, Celery Sticks w/ LC Ranch, Pineapple Tidbits Alternate: Ham & Cheese w/ WG Bun	12/ Breakfast: Pancakes Lunch: Chicken Tetrizinni, Green Beans, Bread & Butter, Diced Pears Alternate: Combo Sub w/ WG Bun	13/ Breakfast: Biscuits & Gravy Lunch: Hamburger w/ WG Bun, Potato Smiles, Tomato Slice, Diced Peaches Alternate: Turkey & Swiss w/ WG Bun	14/ Breakfast: Skillet Omelet w/ Cheese Lunch: Pizza Crunchers, Marinara, Fresh Broccoli w/ LC Ranch, Apple Slices, Ice Cream Alternate: Egg Salad w/ WG Bun	15/
16/		17/ Breakfast: PopTart Lunch: Breaded Chicken Patty w/ WG Bun, Steamed Carrots, Celery Sticks w/ LC Ranch, Banana Alternate: Cold Ham w/ WG Bun	18/ Breakfast: French Toast Lunch: Beef Taco Stick, Shredded Lettuce, Diced Tomatoes, Orange Alternate: Chicken Salad w/ WG Bun	19/ Breakfast: Scrambled Eggs Lunch: Spaghetti w/ Meat Sauce, Garlic Toast, Toss Salad w/ LC Ranch, Raisels Alternate: Crisпитos	20/ Breakfast: Breakfast Bar Lunch: Cheddarwurst w/ WG Bun, Baked Beans, Carrot Sticks w/ LC Ranch, Pineapple Tidbits Alternate: Ham & Cheese w/ WG Bun	21/ Breakfast: Mini Donuts Lunch: Chicken Pizza Quesadilla, Grape Tomatoes, Romaine w/ LC Ranch, Applesauce Alternate: Tuna Salad w/ WG Bun	22/
23/		24/ Breakfast: Fruit Frudel Lunch: BBQ Rib w/ WG Bun, Mixed Veggies, Cauliflower w/ LC Ranch, Apple Slices Alternate: Chicken Salad w/ WG Bun	25/ Breakfast: Breakfast Power Bites Lunch: Chicken Nuggets, Mac & Cheese, Toss Salad, Carrot Sticks w/ LC Ranch, Banana Alternate: Egg Salad w/ WG Bun	26/ Breakfast: Nutri Grain Bar Lunch: Breaded Pork Steak, Mashed Potatoes, Green Beans, Dinner Roll, Diced Pears Alternate: Combo Sub w/ WG Bun	27/ Breakfast: Yogurt Parfait Lunch: Hot Ham & Cheese, Baked Beans, Celery Sticks w/ LC Ranch, Diced Peaches Alternate: Turkey & Swiss w/ WG Bun	28/ Breakfast: Breakfast Pizza Lunch: Pizza Round, Marinara, Fresh Broccoli w/ LC Ranch, Pineapple Tidbits, Sherbert Alternate: Chicken Salad w/ WG Bun	29/
30/							

SALAD BAR offered for grades 5-12 daily. Items may include lettuce, fresh fruits and vegetables, canned fruits, diced eggs, diced ham, pasta salads, yogurt

menus are subject to change