

# May 2023

This Institution is an equal opportunity provider.

	Sunday	Monday	Tuesday		Thursday	Friday	Saturday
	1% white milk, skim white milk, fat free chocolate milk offered for every meal.	1/ <b>Breakfast:</b> Bagel w/ Cream Cheese <b>Lunch:</b> Hamburger w/ WG Bun, Tomato Slice, Steamed Mixed Veggies, Apple Slices <b>Alternate:</b> Turkey-Swiss Wrap	2/ <b>Breakfast:</b> Pancakes w/ LC Syrup <b>Lunch:</b> Breaded Corn Dog, Peas, Carrot Sticks w/ LC Ranch, Mixed Fruit <b>Alternate:</b> Cold Ham w/ WG Bun	3/ <b>Breakfast:</b> Breakfast Power Bites <b>Lunch:</b> Chicken Drumstick, Mashed Potatoes w/ Gravy, Green Beans, Diced Pears <b>Alternate:</b> Chicken Salad w/ WG Bun	4/ <b>Breakfast:</b> Biscuits & Gravy <b>Lunch:</b> BBQ Rib w/ WG Bun, Baked Beans, Celery Sticks w/ LC Ranch, Diced Peaches <b>Alternate:</b> Combo Sub w/ WG Bun	5/ <b>Breakfast:</b> Skillet Omelet w/ Cheese <b>Lunch:</b> Pizza Crunchers, Marinara Dipping Sauce, Romaine w/ LC Ranch, Pineapple Tidbits, Cookie <b>Alternate:</b> Ham-Cheese w/ WG Bun	6/
7/		8/ <b>Breakfast:</b> Pop Tart <b>Lunch:</b> Breaded Chicken Patty w/ WG Bun, Steamed Carrots, Cauliflower w/ LC Ranch, Banana <b>Alternate:</b> Turkey-Swiss Wrap	9/ <b>Breakfast:</b> French Toast Sticks w/ LC Syrup <b>Lunch:</b> Crisпитos, Shredded Lettuce, Diced Tomatoes, Diced Pears <b>Alternate:</b> Cold Ham w/ WG Bun	10/ <b>Breakfast:</b> Snackbread <b>Lunch:</b> Spaghetti w/ Meat Sauce, Garlic Toast, Toss Salad w/ LC Ranch, Raisels <b>Alternate:</b> Chicken Salad w/ WG Bun	11/ <b>Breakfast:</b> Breakfast Bar <b>Lunch:</b> Hot Dog w/ WG Bun, Baked Beans, Celery Sticks w/ LC Ranch, Fruit Cocktail <b>Alternate:</b> Combo Sub w/ WG Bun	12/ <b>Breakfast:</b> Mini Donuts <b>Lunch:</b> Stuffed Crust Pizza, Marinara Dipping Sauce, Fresh Broccoli w/ LC Ranch, Diced Peaches, Brookie <b>Alternate:</b> Ham-Cheese w/ WG Bun	13/
14/		15/ <b>Breakfast:</b> Fruit Frudel <b>Lunch:</b> Sloppy Joe w/ WG Bun, Hash Brown, Carrot Sticks w/ LC Ranch, Applesauce <b>Alternate:</b> Turkey-Swiss Wrap	16/ <b>Breakfast:</b> Breakfast Bagel <b>Lunch:</b> Orange Chicken, Fried Vegetable Rice, Fresh Broccoli w/ LC Ranch, Pineapple Tidbits <b>Alternate:</b> Cold Ham w/ WG Bun	17/ <b>Breakfast:</b> Mc J-Hawk <b>Lunch:</b> Walking Taco w/ WG Chips, Shredded Lettuce, Diced Tomatoes, Shredded Cheese, Orange <b>Alternate:</b> Chicken Salad w/ WG Bun	18/ <b>Breakfast:</b> Yogurt Parfait <b>Lunch:</b> Hot Ham & Cheese w/ WG Bun, Baked Beans, Corn Chips, Celery Sticks w/ LC Ranch, Apple Slices <b>Alternate:</b> Combo Sub w/ WG Bun	19/ <b>Breakfast:</b> Cinnamon Roll <b>Lunch:</b> Cheese Stuffed Breadstick, Marinara Dipping Sauce, Dragon Punch Vegetable Juice, Diced Peaches, Sherbert <b>Alternate:</b> Ham-Cheese w/ WG Bun	20/
21/		22/ <b>Breakfast:</b> Churros <b>Lunch:</b> Breaded Pork Steak w/ WG Bun, Crinkle Cut French Fries, Fresh Broccoli w/ LC Ranch, Raisels <b>Alternate:</b> Turkey-Swiss w/ WG Bun	23/ <b>Breakfast:</b> Mini Cinni <b>Lunch:</b> Chicken Nuggets, Mac & Cheese, Carrot Sticks w/ LC Ranch, Banana <b>Alternate:</b> Cold Ham w/ WG Bun	24/ <b>Breakfast:</b> Breakfast Pizza <b>Lunch:</b> Grilled Cheese, Sun Chips, Mixed Veggies, Celery Sticks w/ LC Ranch, Applesauce Cup <b>Alternate:</b> Chicken Salad w/ WG Bun	25/ <b>Breakfast:</b> Sausage Pancake Stick w/ LC Syrup <b>Lunch:</b> Bratwurst w/ WG Bun, Baked Beans, Cauliflower w/ LC Ranch, Frozen Fruit Cup <b>Alternate:</b> Combo Sub w/ WG Bun	26/ <b>Breakfast:</b> Long John <b>Lunch:</b> Pizza Round, Toss Salad w/ LC Ranch, Pineapple Tidbits, Cookie <b>Alternate:</b> Ham-Cheese w/ WG Bun	27/
28/		29/	30/	31/			

menus are subject to change

SALAD BAR offered for grades 5-12 daily. Items may include lettuce, fresh fruits and vegetables, canned fruits, diced eggs, diced ham, pasta salads, yogurt