Coverage Period: 07/01/2023 - 06/30/2024

Coverage for: Single & Family | Plan Type: PSF

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-373-1327. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-800-524-9242 to request a copy.

| Important Questions | Answers | Why This Matters: |
|--|--|--|
| What is the overall deductible? | The employer self-funds a portion of the deductible under the major medical plan. In-network deductible: \$750 person/ \$1,500 family Out-of-network deductible: \$750 person/ \$1,500 family | Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible. |
| Are there services covered before you meet your deductible? | Yes. See the primary SBC of the insured group health plan. | This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ . |
| Are there other deductibles for specific services? | Yes. See the primary SBC of the insured group health plan. | You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services. |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | The employer self-funds a portion of the out of pocket maximum under the major medical plan. In-network out of pocket maximum: \$1,500 person/\$3,000 family Out-of-network out of pocket maximum: \$1,500 person/\$3,000 family | The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members on this plan, they have to meet their own out of pocket limits until the overall family out of pocket limit has been met. |

| What is not included in the <u>out-of-pocket limit?</u> | Premiums, drug deductible and copays, balance-billed charges, and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the out–of–pocket limit. | |
|--|--|--|--|
| Will you pay less if you use a <u>network provider</u> ? | Yes. See the SBC of your primary group health plan | Your insured plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services. | |
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | No. | You can see the specialist you choose without a referral. | |



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies. This is a summary of your enhanced benefits after your primary plan processes the claim. Your <u>copayment</u> and <u>coinsurance</u> remains the same as the primary plan unless otherwise noted.

| Common | | What You Will Pay | | Limitations, Exceptions, & Other |
|--|--|---|---|---|
| Medical Event | Services You May Need | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Important Information |
| If you visit a health | Primary care visit to treat an injury or illness | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. |
| care <u>provider's</u> office or clinic | Specialist visit | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. |
| Of Chillic | Preventive care/screening/immunization | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. |
| If you have a toot | Diagnostic test (x-ray, blood work) | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | See the primary SBC of the insured |
| If you have a test | Imaging (CT/PET scans, MRIs) | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | group health plan. |
| | Tier 1 | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | See the primary SBC of the insured |
| If you need drugs to treat your illness or | Tier 2 | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | |
| condition | Tier 3 | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | group health plan. |
| | Specialty drugs | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | |
| If you have outpatient | Facility fee (e.g., ambulatory surgery center) | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. |
| surgery | Physician/surgeon fees | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. |
| | Emergency room care | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | |
| If you need immediate medical attention | Emergency medical transportation | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. |
| | <u>Urgent care</u> | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | |
| If you have a hospital stay | Facility fee (e.g., hospital room) | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. | See the primary SBC of the insured group health plan. |

| Common | | What You Will Pay | | Limitations, Exceptions, & Other |
|----------------------|----------------------------------|----------------------------|----------------------------|------------------------------------|
| Medical Event | Services You May Need | Network Provider | Out-of-Network Provider | Important Information |
| | | (You will pay the least) | (You will pay the most) | <u> </u> |
| | Physician/surgeon fees | See the primary SBC of the | See the primary SBC of the | See the primary SBC of the insured |
| | 1 Tryololar Wear geen 1000 | insured group health plan. | insured group health plan. | group health plan. |
| If you need mental | Outpatient services | See the primary SBC of the | See the primary SBC of the | |
| health, behavioral | Outputiont 301 vices | insured group health plan. | insured group health plan. | See the primary SBC of the insured |
| health, or substance | Inpatient services | See the primary SBC of the | See the primary SBC of the | group health plan. |
| abuse services | inpatient services | insured group health plan. | insured group health plan. | |
| | Office visits | See the primary SBC of the | See the primary SBC of the | |
| | Office visits | insured group health plan. | insured group health plan. | |
| If you are pregnant | Childbirth/delivery professional | See the primary SBC of the | See the primary SBC of the | See the primary SBC of the insured |
| ii you are pregnant | services | insured group health plan. | insured group health plan. | group health plan. |
| | Childbirth/delivery facility | See the primary SBC of the | See the primary SBC of the | |
| | services | insured group health plan. | insured group health plan. | |
| | Home health care | See the primary SBC of the | See the primary SBC of the | See the primary SBC of the insured |
| | TIOTIC TICAITI CATC | insured group health plan. | insured group health plan. | group health plan. |
| | Rehabilitation services | See the primary SBC of the | See the primary SBC of the | |
| | | insured group health plan. | insured group health plan. | See the primary SBC of the insured |
| If you need help | Habilitation services | See the primary SBC of the | See the primary SBC of the | group health plan. |
| recovering or have | TROMICUTO SOLVICOS | insured group health plan. | insured group health plan. | |
| other special health | Skilled nursing care | See the primary SBC of the | See the primary SBC of the | See the primary SBC of the insured |
| needs | <u>Okinoa maroing daro</u> | insured group health plan. | insured group health plan. | group health plan. |
| | Durable medical equipment | See the primary SBC of the | See the primary SBC of the | See the primary SBC of the insured |
| | <u> </u> | insured group health plan. | insured group health plan. | group health plan. |
| | Hospice services | See the primary SBC of the | See the primary SBC of the | See the primary SBC of the insured |
| | <u></u> | insured group health plan. | insured group health plan. | group health plan. |
| If your child needs | Children's eye exam | See the primary SBC of the | See the primary SBC of the | See the primary SBC of the insured |
| | Simulation of oxam | insured group health plan. | insured group health plan. | group health plan. |
| | Children's glasses | See the primary SBC of the | See the primary SBC of the | See the primary SBC of the insured |
| dental or eye care | 3 | insured group health plan. | insured group health plan. | group health plan. |
| | Children's dental check-up | See the primary SBC of the | See the primary SBC of the | See the primary SBC of the insured |
| | | insured group health plan. | insured group health plan. | group health plan. |

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

See the primary insured group health plan

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

See the primary insured group health plan

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Employee Benefit Systems at 1-800-373-1327, or lowa Insurance Division at 515-654-6600.

Does this plan provide Minimum Essential Coverage? No. However, this plan combined with your primary insurance plan does provide Minimum Essential Coverage. Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? No. However, this plan combined with your primary insurance plan does meet Minimum Value Standards. If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al [319-752-3200].]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa [319-752-3200].]

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码 [319-752-3200].]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' [319-752-3200].]

To see examples of how this plan might cover costs for a sample medical situation, see the next section.—

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| ■ The plan's overall deductible | \$750 |
|-----------------------------------|-------|
| ■ PCP coinsurance | 20% |
| ■ Hospital (facility) coinsurance | 20% |
| ■ Other <u>coinsurance</u> | 20% |

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

| In this example, Peg would pay: | | |
|---------------------------------|---------|--|
| Cost Sharing | | |
| Deductibles | \$750 | |
| Copayments | \$10 | |
| Coinsurance | \$750 | |
| What isn't covered | | |
| Limits or exclusions \$60 | | |
| The total Peg would pay is | \$1,570 | |

\$12,700

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$750 |
|---|-------|
| ■ Specialist coinsurance | 20% |
| ■ Hospital (facility) coinsurance | 20% |
| ■ Other <u>coinsurance</u> | 20% |

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (alucose meter)

In this evenue les would nove

| Total Example Cost | \$5,600 |
|--------------------|---------|
| | 7 - 7 |

| in this example, Joe would pay: | | |
|---------------------------------|---------|--|
| Cost Sharing | | |
| Deductibles | \$100 | |
| Copayments | \$800 | |
| Coinsurance | \$200 | |
| What isn't covered | | |
| Limits or exclusions \$2 | | |
| The total Joe would pay is | \$1,120 | |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| ■ The plan's overall deductible | \$750 |
|-----------------------------------|-------|
| ■ Specialist coinsurance | 20% |
| ■ Hospital (facility) coinsurance | 20% |
| ■ Other coinsurance | 20% |

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

| Total Example Cost | \$2,800 |
|--------------------|---------|
| | |

In this example, Mia would pay:

| Cost Sharing | |
|----------------------------|-------|
| Deductibles | \$750 |
| Copayments | \$10 |
| Coinsurance | \$230 |
| What isn't covered | |
| Limits or exclusions | |
| The total Mia would pay is | \$990 |

The amounts shown in the maternity <u>claim</u> example above are based on amounts using a single per person <u>deductible</u>. Some <u>plans</u> may actually apply a two-person or family deductible to maternity services for the mother and newborn baby.



Iowa Star Schools Plan A PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.wellmark.com</u> or call 1-800-524-9242. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call 1-800-524-9242 to request a copy.

| Important Questions | Answers | Why this Matters: |
|---|---|--|
| What is the overall deductible? | \$4,000 person/\$8,000 family per calendar year. | Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . |
| Are there services covered before you meet your deductible? | Yes. Well-child care, in-network office services, in-network independent labs, in-network preventive care, in-network prosthetic limbs and colonoscopies are covered before you meet your deductible. | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> . |
| Are there other <u>deductibles</u> for specific services? | Yes. \$100 person/ \$200 family per calendar year for drug card, which does not apply to Tier 1 Rx. There are no other specific <u>deductibles</u> . | You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services. |
| limit for this plan? per calendar year. Drug Card: \$1,500 have | | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. |
| What is not included in the out-of-pocket limit? | Premiums, balance-billed charges, and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |
| Will you pay less if you use a network provider? | Yes. See www.wellmark.com or call 1-800-524-9242 for a list of network providers . | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an out-of- <u>network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an out-of- <u>network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |

| Important Questions | Answers | Why this Matters: |
|--|---------|--|
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | No. | You can see the <u>specialist</u> you choose without a <u>referral</u> . |



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

| Common Medical Event | Services You May Need | What You Will Pay In- <u>Network</u> (IN) <u>Provider</u> (You will pay the least) | What You Will Pay Out-of- <u>Network</u> (OON) <u>Provider</u> (You will pay the most) | Limitations, Exceptions, & Other Important Information |
|---|--|--|--|---|
| | Primary care visit to treat an injury or illness | 20% coinsurance | 30% coinsurance | None |
| | Specialist visit | 20% coinsurance | 30% coinsurance | Hearing exams are covered according to ACA guidelines. |
| If you visit a health care <u>provider's</u> office or clinic | Preventive care/screening/ immunization | No charge | 30% coinsurance | One preventive exam and one gynecological exam per calendar year. One mammogram per calendar year. Well-child care is covered to age 7. You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. |
| If you have a toot | Diagnostic test (x-ray, blood work) | 20% coinsurance | 30% coinsurance | None |
| If you have a test | Imaging (CT/PET scans, MRIs) | 20% coinsurance | 30% coinsurance | None |

For more information about limitations and exceptions, see your <u>plan</u> document or call Wellmark at 1-800-524-9242. You can find your Coverage Manual at <u>sbccmfinder.wellmark.com</u>.

| Common Medical Event | Services You May Need | What You Will Pay In- <u>Network</u> (IN) <u>Provider</u> (You will pay the least) | What You Will Pay Out-of- <u>Network</u> (OON) <u>Provider</u> (You will pay the most) | Limitations, Exceptions, & Other Important Information |
|--|--|--|--|---|
| If you need drugs to | Tier 1 | \$10 <u>copay</u> per prescription | \$10 <u>copay</u> per prescription | Drugs listed on Wellmark's Blue Rx Value Plus Drug List are covered. Drugs not on this Drug List are not covered. |
| treat your illness or condition | Tier 2 | \$25 <u>copay</u> per prescription | \$25 <u>copay</u> per prescription | For out-of- <u>network prescription drugs</u> , you may be balance billed. 1 <u>copay</u> for 30-day supply. |
| More information | Tier 3 | \$40 <u>copay</u> per prescription | \$40 <u>copay</u> per prescription | 2 <u>copays</u> for 90-day supply (Mail order maintenance). 3 <u>copays</u> for 90-day supply (Retail maintenance). |
| about <u>prescription</u> <u>drug coverage</u> is at <u>www.wellmark.com/</u> <u>prescriptions</u> . | Specialty drugs | \$40 <u>copay</u> per prescription | Not covered | Specialty drugs are covered only when obtained through the CVS Specialty Pharmacy Program. See wellmark.com/prescriptions for information about drugs and drug quantities that require prior authorization by Wellmark to be covered by your plan. |
| If you have | Facility fee (e.g., ambulatory surgery center) | 20% coinsurance | 30% coinsurance | None |
| outpatient surgery | Physician/surgeon fees | 20% coinsurance | 30% coinsurance | None |
| | Emergency room care | 20% coinsurance | 20% coinsurance | For <u>emergency medical conditions</u> treated out-of- <u>network</u> , it is likely you may not be balance billed pursuant to the federal rules developed for implementation of the No Surprises Act. |
| If you need immediate medical attention | Emergency medical transportation | 20% coinsurance | 20% coinsurance | For covered non-emergent situations, out-of-network ambulance services are NOT reimbursed at the in-network level. The member may be balance billed for any out-of-network service as established under the rules developed for implementation of the No Surprises Act. |
| | <u>Urgent care</u> | 20% coinsurance | 30% coinsurance | None |
| If you have a hospital | Facility fee (e.g., hospital room) | 20% coinsurance | 30% coinsurance | None |
| stay | Physician/surgeon fees | 20% coinsurance | 30% coinsurance | None |
| If you need mental | Outpatient services | 20% coinsurance | 30% coinsurance | None |
| health, behavioral health, or substance abuse services | Inpatient services | 20% coinsurance | 30% coinsurance | None |

For more information about limitations and exceptions, see your <u>plan</u> document or call Wellmark at 1-800-524-9242. You can find your Coverage Manual at <u>sbccmfinder.wellmark.com</u>.

| Common Medical Event | Services You May Need | What You Will Pay In- <u>Network</u> (IN) <u>Provider</u> (You will pay the least) | What You Will Pay Out-of- <u>Network</u> (OON) <u>Provider</u> (You will pay the most) | Limitations, Exceptions, & Other Important Information |
|---|---|--|--|--|
| | Office visits | 20% coinsurance | 30% coinsurance | Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Cost sharing does not apply for preventive services. |
| If you are pregnant | Childbirth/delivery professional services | 20% coinsurance | 30% coinsurance | Benefits shown reflect OB/GYN practitioner services which are typically globally billed at time of delivery for pre-natal, post-natal and delivery services. |
| | Childbirth/delivery facility services | 20% coinsurance | 30% coinsurance | None |
| | Home health care | 20% coinsurance | 30% coinsurance | None |
| | Rehabilitation services | 20% coinsurance | 30% coinsurance | None |
| If you need help | Habilitation services | 20% coinsurance | 30% coinsurance | None |
| recovering or have other special health | Skilled nursing care | 20% coinsurance | 30% coinsurance | None |
| needs | <u>Durable medical equipment</u> | 20% coinsurance | 30% coinsurance | None |
| | Hospice services | 20% coinsurance | 30% coinsurance | Hospice respite care is limited to 15 inpatient and 15 outpatient days per lifetime. |
| If your child needs dental or eye care | Children's eye exam | Not covered | Not covered | None |
| | Children's glasses | Not covered | Not covered | None |
| | Children's dental check-up | Not covered | Not covered | None |

For more information about limitations and exceptions, see your <u>plan</u> document or call Wellmark at 1-800-524-9242. You can find your Coverage Manual at <u>sbccmfinder.wellmark.com</u>.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery
- Custodial care in home or facility
- Dental care Adult
- Dental check-up
- Extended home skilled nursing
- Eye exam

- Glasses
- Hearing aids
- Long-term care
- Routine eye care Adult
- Routine foot care
- Some pharmacy drugs are not covered
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Applied Behavior Analysis therapy
- Bariatric surgery
- Chiropractic care
- Infertility treatment (\$15,000 LTM)
- Most coverage provided outside the U.S.
- Private-duty nursing -

short term intermittent home skilled nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> <u>Rights</u>: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, you can contact: Wellmark at 1-800-524-9242 or the lowa Insurance Division at 515-654-6600.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

_____To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next page. _____

Wellmark Blue Cross and Blue Shield of Iowa is an independent licensee of the Blue Cross and Blue Shield Association.

This contains only a partial description of the benefits, limitations, exclusions and other provisions of the health care plan. It is not a contract or policy. It is a general overview only. It does not provide all the details of coverage, including benefits, exclusions, and policy limitations. In the event there are discrepancies between this document and the Coverage Manual, Certificate, or Policy, the terms and conditions of the Coverage Manual, Certificate, or Policy will govern.

About These Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plan</u>s. Please note these coverage examples are based on self-only coverage.

| | Peg is Having a Baby |
|-----|--|
| (9) | months of in-network pre-natal care and a hospital |
| | delivery) |

| ■ The plan's overall <u>deductible</u> | \$4,000 |
|--|---------|
| PCP coinsurance | 20% |
| Hospital(facility) coinsurance | 20% |
| Other coinsurance | 20% |

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

| Total Example Cost | \$12,700 |
|---------------------|---------------|
| i ota: Example ooot | Y . — , . ~ ~ |

In this example, Peg would pay:

| Cost Sharing | | |
|----------------------------|---------|--|
| <u>Deductibles</u> | \$4,000 | |
| <u>Copayments</u> | \$10 | |
| <u>Coinsurance</u> | \$1,700 | |
| What isn't covered | | |
| Limits or exclusions \$60 | | |
| The total Peg would pay is | \$5,770 | |

Managing Joe's type 2 Diabetes (a years of routine in-network care of a well-controlled condition)

| _ | • | |
|---|--------------------------------|---------|
| | The plan's overall deductible | \$4,000 |
| | Specialist coinsurance | 20% |
| | Hospital(facility) coinsurance | 20% |
| | Other coinsurance | 20% |

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

In this example, Joe would pay:

| Cost Sharing | | |
|----------------------------|---------|--|
| <u>Deductibles</u> | \$100 | |
| <u>Copayments</u> | \$800 | |
| Coinsurance | \$200 | |
| What isn't covered | | |
| Limits or exclusions \$20 | | |
| The total Joe would pay is | \$1,120 | |

Mia's Simple Fracture (in-network emergency room visit and follow up care)

| ■ The plan's overall <u>deductible</u> | \$4,000 |
|--|---------|
| Specialist coinsurance | 20% |
| Hospital(facility) coinsurance | 20% |
| Other coinsurance | 20% |

This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

| Total Example Cost \$2,800 |
|----------------------------|
|----------------------------|

In this example, Mia would pay:

| Cost Sharing | |
|----------------------------|---------|
| <u>Deductibles</u> | \$1,900 |
| <u>Copayments</u> | \$10 |
| <u>Coinsurance</u> | \$200 |
| What isn't covered | |
| Limits or exclusions | \$0 |
| The total Mia would pay is | \$2,110 |

The amounts shown in the maternity <u>claim</u> example above are based on amounts using a single per person <u>deductible</u>. Some <u>plan</u>s may actually apply a two-person or family deductible to maternity services for the mother and newborn baby.

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.



Wellmark Language Assistance

Discrimination is against the law

Wellmark Blue Cross and Blue Shield complies with applicable state and federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

Wellmark provides:

- Free aids and services to people with disabilities so they may communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

You have the right to get this information and help in your language for free. If you need these services, call 800-524-9242.

ATENCIÓN: Si habla español, los servicios de asistencia de idiomas se encuentran disponibles gratuitamente para usted. Comuníquese al 800-524-9242 o al (TTY: 888-781-4262).

注意:如果您说普通话,我们可免费为您提供语言协助服务。请拨打800-524-9242或(听障专线:888-781-4262)。

CHÚ Ý: Nếu quý vị nói tiếng Việt, các dịch vụ hỗ trợ ngôn ngữ miễn phí có sẵn cho quý vị. Xin hãy liên hệ 800-524-9242 hoặc (TTY: 888-781-4262).

NAPOMENA: Ako govorite hrvatski, dostupna Vam je besplatna podrška na Vašem jeziku. Kontaktirajte 800-524-9242 ili (tekstualni telefon za osobe oštećena sluha: 888-781-4262).

ACHTUNG: Wenn Sie deutsch sprechen, stehen Ihnen kostenlose sprachliche Assistenzdienste zur Verfügung. Rufnummer: 800-524-9242 oder (TTY: 888-781-4262).

تنبيه: إذا كنت تتحدث اللغة العربية, فإننا نوفر لك خدمات المساعدة اللغوية، المجانية. اتصل بالرقم 800-524-9242 أو (خدمة الهاتف النصي: 882-781-888).

ສິ່ງຄວນເອົາໃຈໃສ່, ພາສາລາວ ຖ້າທ່ານເວົ້າ: ພວກເຮົາມີບໍລິການຄວາມຊ່ວຍເຫຼືອດ້ານພາສາ ໃຫ້ທ່ານໂດຍບໍ່ເສຍຄ່າ ຫຼື 800-524-9242 ຕິດຕໍ່ທີ່. (TTY: 888-781-4262.)

주의: 한국어 를 사용하시는 경우, 무료 언어 지원 서비스를 이용하실 수 있습니다. 800-524-9242번 또는 (TTY: 888-781-4262)번으로 연락해 주십시오.

ध्यान रखें : अगर आपकी भाषा हिन्दी है, तो आपके लिए भाषा सहायता सेवाएँ, निःशुल्क उपलब्ध हैं। 800-524-9242 पर संपर्क करें या (TTY: 888-781-4262)।

ATTENTION: si vous parlez français, des services d'assistance dans votre langue sont à votre disposition gratuitement. Appelez le 800 524 9242 (ou la ligne ATS au 888 781 4262).

Geb Acht: Wann du Deitsch schwetze duscht, kannscht du Hilf in dei eegni Schprooch koschdefrei griege. Ruf 800-524-9242 odder (TTY: 888-781-4262) uff.

โปรดุทราบ: หากคุณพูด ไทย เรามีบริการช่วยเหลือด้านภาษาสำหรับคุณโดยไม่คิด ค่าใช้จ่าย ติดต่อ 800-524-9242 หรือ (TTY: 888-781-4262)

PAG-UKULAN NG PANSIN: Kung Tagalog ang wikang ginagamit mo, may makukuha kang mga serbisyong tulong sa wika na walang bayad. Makipag-ugnayan sa 800-524-9242 o (TTY: 888-781-4262).

တာ်ခူးသွဉ်ညါ–နမ္နာကတိုးကညီကျိန်,ကျိန်တာ်မးစားတာ်ဖုံးတာမ်းတာဖုန်,လာတာာန်လက်ဘူးလဲ,အိန်လာနဂိၢိလီး.ဆဲးကျိုးဆူ ၈၀၀–၅၂၄–၉၂၄၂မှတမှ(TTY:၈၈၈–၇၈၁–၄၂၆၂)တကုန်.

ВНИМАНИЕ! Если ваш родной язык русский, вам могут быть предоставлены бесплатные переводческие услуги. Обращайтесь 800-524-9242 (телетайп: 888-781-4262).

सावधान: यदि तपाईं नेपाली बोल्नुहुन्छ भने, तपाईंका लागि नि:शुल्क रूपमा भाषा सहायता सेवाहरू उपलब्ध गराइन्छ । 800-524-9242 वा (TTY: 888-781-4262) मा सम्पर्क गर्नुहोस् ।

HEETINA To a wolwa Fulfulde laabi walliinde dow wolde, naa e njobdi, ene ngoodi ngam maaɗa. Heɓir 800-524-9242 malla (TTY: 888-781-4262).

FUULEFFANNAA: Yo isin Oromiffaa, kan dubbattan taatan, tajaajiloonni gargaarsa afaanii, kaffaltii malee, isiniif ni jiru. 800-524-9242 yookin (TTY: 888-781-4262) guunnamaa.

УВАГА! Якщо ви розмовляєте українською мовою, для вас доступні безкоштовні послуги мовної підтримки. Зателефонуйте за номером 800-524-9242 або (телетайп: 888-781-4262).

Ge': Diné k'ehjí yáníłti'go níká bizaad bee áká' adoowoł, t'áá jiik'é, náhóló. Kojj' hólne' 800-524-9242 doodaii' (TTY: 888-781-4262)