


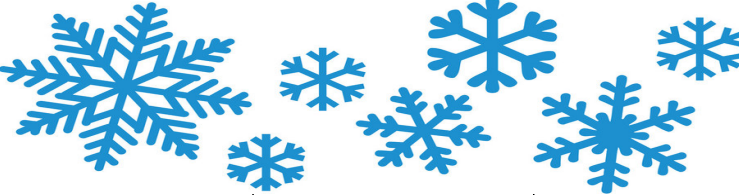


JANUARY 2024

This institution is an equal opportunity provider

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1% white milk, skim white milk, fat free chocolate milk offered for every meal.	1/ 		3/ BREAKFAST: Breakfast Burrito LUNCH: Pancake Sausage Stick - Hashbrown Patty - Trix Yogurt - Fruit Cocktail ALTERNATE: Cold Meat w/ WG Bun	4/ BREAKFAST: Churros LUNCH: Cheddarwurst w/ WG Bun - Baked Beans - Coleslaw - Apple Slices ALTERNATE: Turkey Swiss Wrap	5/ BREAKFAST: Scrambled Eggs & Toast LUNCH: Stuffed Crust Pizza - Marinara - Fresh Broccoli w/ LC Ranch - Diced Peaches - Brownie ALTERNATE: Ham & Cheese w/ WG Bun	6/
7/	8/ BREAKFAST: Pop Tart LUNCH: Breaded Chicken Patty w/ WG Bun - Peas - Carrot Sticks w/ LC Ranch - Applesauce Cup ALTERNATE: Cold Ham w/ WG Bun	9/ BREAKFAST: French Toast Sticks w/ Syrup LUNCH: Chicken Pizza Quesadilla - Salsa - Corn - Orange ALTERNATE: Combo Sub w/ WG Bun	10/ BREAKFAST: Stuffed Hashbrown LUNCH: Beef Lil Smokies - Cheesy Broccoli Bites - Celery Sticks w/ LC Ranch - Diced Pears ALTERNATE: Cold Meat w/ WG Bun	11/ BREAKFAST: Biscuits & Gravy LUNCH: Beef Pretzel Dog (pig in a blanket) - Cheddar Cheese Sauce - Baked Beans - Dragon Punch - Raisels ALTERNATE: Turkey Swiss Wrap	12/ BREAKFAST: Long John LUNCH: Pizza Calzone - Marinara - Romaine w/ LC Ranch - Pineapple Tidbits - Ice Cream ALTERNATE: Ham & Cheese w/ WG Bun	13/
14/		16/ BREAKFAST: Fruit Frudel LUNCH: Breaded Corn Dog - Smiley Fries - Cucumber Slices w/ LC Ranch - Apple Slices ALTERNATE: Combo Sub w/ WG Bun	17/ BREAKFAST: Mc J-Hawk Breakfast Sandwich LUNCH: Chicken Nuggets - Steamed Carrots - Celery Sticks - Dinner Roll - Frozen Fruit Cup ALTERNATE: Cold Meat w/ WG Bun	18/ BREAKFAST: Mini Donuts LUNCH: Hot Ham & Cheese w/ WG Bun - Baked Beans - Potato Salad - Applesauce Cup ALTERNATE: Turkey Swiss Wrap	19/ BREAKFAST: Breakfast Pizza LUNCH: Pizza Round - Fresh Broccoli w/ LC Ranch - Toss Salad - Diced Peaches ALTERNATE: Ham & Cheese w/ WG Bun	20/
21/	22/ BREAKFAST: Muffin LUNCH: Grilled Cheese Sandwich - Mixed Veggies - Grape Tomatoes - Banana ALTERNATE: Cold Ham w/ WG Bun	23/ BREAKFAST: Pancakes w/ Syrup LUNCH: Chicken Quesadilla - Salsa - Corn - Mixed Fruit ALTERNATE: Combo Sub w/ WG Bun	24/ BREAKFAST: Breakfast Bar LUNCH: Breaded Pork Steak w/ WG Bun - Green Beans - Cauliflower w/ LC Ranch - Diced Pears ALTERNATE: Cold Meat w/ WG Bun	25/ BREAKFAST: Yogurt Parfait LUNCH: Fish Sticks w/ Tartar Sauce - Baked Beans - Carrot Sticks w/ LC Ranch - Raisels ALTERNATE: Turkey Swiss Wrap	26/ BREAKFAST: Mini Cinni LUNCH: Pizza Crunchers - Marinara - Romaine w/ LC Ranch - Pineapple Tidbits - Cookie ALTERNATE: Ham & Cheese w/ WG Bun	27/
28/	29/ BREAKFAST: Snack Bread LUNCH: Cheeseburger Rollerbite w/ WG Bun - Crinkle Cut Fries - Cucumber Slices w/ LC Ranch - Frozen Fruit Cup ALTERNATE: Cold Ham w/ WG Bun	30/ BREAKFAST: Waffles w/ Syrup LUNCH: Crispos - String Cheese - Salsa - Toss Salad w/ LC Ranch - Orange ALTERNATE: Combo Sub w/ WG Bun	31/ BREAKFAST: Breakfast Power Bites LUNCH: Orange Chicken - Vegetable Fried Rice - Celery - Dragon Punch - Apple Slices - Fortune Cookie ALTERNATE: Cold Meat w/ WG Bun			

BREAKFAST options include cereal variety, oatmeal, toast, applesauce, fresh fruit, orange juice, apple juice, and grape juice

SALAD BAR offered for grades 5 - 12 daily. Items may include lettuce, fresh fruit and vegetables, canned fruits, diced egg, diced ham, pasta salad and yogurt

****MENUS ARE SUBJECT TO CHANGE****