| This institution in an eq | ual opportunity provider |  |  |  | $\sim$ |  |
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| Sunday | Monday | Tuesday |  | Thursday | Friday | Saturday |
| 1\% white milk, skim white milk, fat free chocolate milk offered for every meal. |  |  |  | 1/ BREAKFAST: Breakfast Bagel LUNCH: Hot Ham \& Cheese w/ WG Bun Baked Beans - Carrot Sticks w/LC Ranch - Diced Peaches ALTERNATE: Turkey Swiss Wrap | 2/ BREAKFAST: Scrambled Eggs/Toast LUNCH: Cheesy Breadsticks - Marinara Fresh Brocolli - Pineapple Sherbet ALTERNATE: Ham \& Cheese w/ WG Bun | 3/ |
| 4/ | 5/ BREAKFAST: Pop Tart LUNCH: Hamburger w/ WG Bun - Smiley Fries Mixed Veggies Applesauce Cup ALTERNATE: Cold Ham w/ WG Bun | 6/ BREAKFAST: French Toast Sausage Tornado LUNCH: Beef Taco Stick Shredded Lettuce - Diced Tomato - Banana ALTERNATE: Combo Sub w/ WG Bun | 7/ BREAKFAST: Cheddar Cheese Omelet Popcorn Chicken - Chips Breaded Brocolli Bites Carrot Sticks - Raisels ALTERNATE: Cold Meat Sandwich w/ WG Bun | 8/ BREAKFAST: Biscuits \& Gravy LUNCH: Hot Dog w/ WG Bun - Baked Beans <br> - Cucumber Slices Frozen Fruit Cup ALTERNATE: Turkey Swiss Wrap | 9/ BREAKFAST: Cinnamon Roll LUNCH: Cheesy Garlic French Bread - Marinara Romaine w/ LC Ranch Apple Slices - Brownie ALTERNATE: Ham\&Cheese w/ WG Bun | 10/ |
| 11/ | 12/ BREAKFAST: Cinnamon Cream Cheese Pretzel Stick Breaded Chicken Patty w/ WG Bun - Steamed Carrots - Celery Sticks w/ LC Ranch - Orange ALTERNATE: Cold Ham w/ WG Bun | 13/ BREAKFAST: <br> Strawberry Boli LUNCH: Breaded Corn Dog - Steak <br> Fries - Drango Punch - <br> Fruit Cocktail <br> ALTERNATE: Combo Sub <br> w/ WG Bun | 14/ BREAKFAST: Sausage/Egg/Cheese Combo Link LUNCH: Chicken Strips Hashbrown - Green Beans Diced Pears ALTERNATE: Cold Meat Sandwich w/ WG Bun | 15/ BREAKFAST: Long John LUNCH: Breaded Fish w/ WG Bun - Tartar Sauce - Baked Beans Toss Salad w/ LC Ranch Apple Slices ALTERNATE: Turkey Swiss Wrap | 16/ BREAKFAST: Breakfast Pizza LUNCH: Cheese Pizza Round - Fresh Brocolli Carrot Sticks w/ LC Ranch Pineapple - Ice Cream ALTERNATE: Ham\&Cheese w/ WG Bun | 17 |
| 18/ | 19/ BREAKFAST: Muffin <br> Beef Pretzel Dog <br> - Steakhouse Potato Salad <br> - Cucumber Slices - <br> Raisels ALTERNATE: <br> Cold Ham w/ WG Bun | 20/ BREAKFAST: <br> Pancakes LUNCH: <br> Chicken Quesadilla - Salsa <br> - Corn - Diced Peaches ALTERNATE: Combo Sub w/ WG Bun | 21/ BREAKFAST: <br> Breakfast Bar (Ham or Sausage) LUNCH: Four Cheese Raviolli - Garlic Toast - Marinara - Romaine - Applesauce Cup ALTERNATE: Cold Meat Sandwich w/ WG Bun | 22/ BREAKFAST: Yogurt Parfait LUNCH: BBQ Rib w/ WG Bun - Baked Beans - Carrot Sticks w/ LC Ranch - Mixed Fruit ALTERNATE: Turkey Swiss Wrap | 23/ BREAKFAST: Mini Cinni LUNCH: Pizza Cruncher Marinara - Dragon Punch Orange - Cookie ALTERNATE: Ham\&Cheese w/ WG Bun | 24/ |
| $25 /$ | 26/ BREAKFAST: Snack Bread LUNCH: Grilled Chicken w/ WG Bun Tomato Slice - Peas Banana ALTERNATE: Cold Ham w/ WG Bun | 27/ BREAKFAST: Waffles <br> LUNCH: Crispitos - <br> Shredded Lettuce - Diced Tomato - Apple Slices ALTERNATE: Combo Sub w/ WG Bun | 28/ BREAKFAST: Stuffed Hashbrown LUNCH: Pancake Sausage Stick Hashbrown - String Cheese - Yogurt - Orange Juice Cup ALTERNATE: Cold Meat Sandwich w/ WG Bun | 29/ BREAKFAST: Churros <br> (Apple or Raspberry) LUNCH: Cheddarwurst w/ WG Bun - Baked Beans Grape Tomatoes - Diced Pears ALTERNATE: Turkey Swiss Wrap |  |  |

BREAKFAST options include cereal variety, oatmeal, toast, applesauce, fresh fruit, orange juice, apple juice, and grape juice
SALAD BAR offered for grades 5-12 daily. Items may include lettuce, fresh fruit and vegetables, canned fruits, diced egg, diced ham, pasta salad and yogurt
**MENUS ARE SUBJECT TO CHANGE**

