



This institution in an equal opportunity provider

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Sunday	Monday	Tuesday		Thursday	Friday	Saturday	
1% white milk, skim white milk, fat free chocolate milk offered for every meal.				1/ BREAKFAST: Breakfast Bagel LUNCH: Hot Ham & Cheese w/ WG Bun - Baked Beans - Carrot Sticks w/LC Ranch - Diced Peaches ALTERNATE: Turkey Swiss Wrap	2/ BREAKFAST: Scrambled Eggs/Toast LUNCH: Cheesy Breadsticks - Marinara - Fresh Brocolli - Pineapple - Sherbet ALTERNATE: Ham & Cheese w/ WG Bun	3/	
4/	5/ BREAKFAST: Pop Tart LUNCH: Hamburger w/ WG Bun - Smiley Fries - Mixed Veggies - Applesauce Cup ALTERNATE: Cold Ham w/ WG Bun	6/ BREAKFAST: French Toast Sausage Tornado LUNCH: Beef Taco Stick - Shredded Lettuce - Diced Tomato - Banana ALTERNATE: Combo Sub w/ WG Bun	7/ BREAKFAST: Cheddar Cheese Omelet LUNCH: Popcorn Chicken - Chips - Breaded Brocolli Bites - Carrot Sticks - Raisels ALTERNATE: Cold Meat Sandwich w/ WG Bun	8/ BREAKFAST: Biscuits & Gravy LUNCH: Hot Dog w/WG Bun - Baked Beans - Cucumber Slices - Frozen Fruit Cup ALTERNATE: Turkey Swiss Wrap	9/ BREAKFAST: Cinnamon Roll LUNCH: Cheesy Garlic French Bread - Marinara - Romaine w/ LC Ranch - Apple Slices - Brownie ALTERNATE: Ham&Cheese w/ WG Bun	10/	
11/	12/ BREAKFAST: Cinnamon Cream Cheese Pretzel Stick LUNCH: Breaded Chicken Patty w/ WG Bun - Steamed Carrots - Celery Sticks w/ LC Ranch - Orange ALTERNATE: Cold Ham w/ WG Bun	13/ BREAKFAST: Strawberry Boli LUNCH: Breaded Corn Dog - Steak Fries - Drango Punch - Fruit Cocktail ALTERNATE: Combo Sub w/ WG Bun	14/ BREAKFAST: Sausage/Egg/Cheese Combo Link LUNCH: Chicken Strips - Hashbrown - Green Beans - Diced Pears ALTERNATE: Cold Meat Sandwich w/ WG Bun	15/ BREAKFAST: Long John LUNCH: Breaded Fish w/ WG Bun - Tartar Sauce - Baked Beans - Toss Salad w/ LC Ranch - Apple Slices ALTERNATE: Turkey Swiss Wrap	16/ BREAKFAST: Breakfast Pizza LUNCH: Cheese Pizza Round - Fresh Brocolli - Carrot Sticks w/ LC Ranch - Pineapple - Ice Cream ALTERNATE: Ham&Cheese w/ WG Bun	17	
18/	19/ BREAKFAST: Muffin LUNCH: Beef Pretzel Dog - Steakhouse Potato Salad - Cucumber Slices - Raisels ALTERNATE: Cold Ham w/ WG Bun	20/ BREAKFAST: Pancakes LUNCH: Chicken Quesadilla - Salsa - Corn - Diced Peaches ALTERNATE: Combo Sub w/ WG Bun	21/ BREAKFAST: Breakfast Bar (Ham or Sausage) LUNCH: Four Cheese Raviolli - Garlic Toast - Marinara - Romaine - Applesauce Cup ALTERNATE: Cold Meat Sandwich w/ WG Bun	22/ BREAKFAST: Yogurt Parfait LUNCH: BBQ Rib w/ WG Bun - Baked Beans - Carrot Sticks w/ LC Ranch - Mixed Fruit ALTERNATE: Turkey Swiss Wrap	23/ BREAKFAST: Mini Cinni LUNCH: Pizza Cruncher - Marinara - Dragon Punch - Orange - Cookie ALTERNATE: Ham&Cheese w/ WG Bun	24/	
25/	26/ BREAKFAST: Snack Bread LUNCH: Grilled Chicken w/ WG Bun - Tomato Slice - Peas - Banana ALTERNATE: Cold Ham w/ WG Bun	27/ BREAKFAST: Waffles LUNCH: Crispitos - Shredded Lettuce - Diced Tomato - Apple Slices ALTERNATE: Combo Sub w/ WG Bun	28/ BREAKFAST: Stuffed Hashbrown LUNCH: Pancake Sausage Stick - Hashbrown - String Cheese - Yogurt - Orange Juice Cup ALTERNATE: Cold Meat Sandwich w/ WG Bun	29/ BREAKFAST: Churros (Apple or Raspberry) LUNCH: Cheddarwurst w/ WG Bun - Baked Beans - Grape Tomatoes - Diced Pears ALTERNATE: Turkey Swiss Wrap	200		
BREAKFAST options include cereal variety, oatmeal, toast, applesauce, fresh fruit, orange juice, apple juice, and grape juice SALAD BAR offered for grades 5 - 12 daily. Items may include lettuce, fresh fruit and vegetables, canned fruits, diced egg, diced ham, pasta salad and yogurt							
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