

This institution in an equa	I opportunity provider
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1% white milk, skim white milk, fat free chocolate milk offered for every meal.		2/ BREAKFAST: French Toast Sticks w/ LC Syrup LUNCH: Crispitos - Salsa - Fresh Cauliflower w/ LC Ranch - Diced Peaches ALTERNATE: Combo Sub w/ WG Bun	3/ BREAKFAST: Biscuits & Gravy LUNCH: Popcorn Chicken - Mac & Cheese - Romaine - Dragon Punch Veggie Juice - Applesauce Cup ALTERNATE: Cold Meat Sandwich	4/ BREAKFAST: Churros LUNCH: Hot Ham & Cheese w/ WG Bun - Baked Beans - Coleslaw - Frozen Fruit Cup ALTERNATE: Turkey Swiss Wrap	5/ BREAKFAST: Long John LUNCH: Cheesy Pullaparts - Marinara - Cucumber Slices w/ LC Ranch - Pineapple Tidbits - Ice Cream ALTERNATE: Ham & Cheese w/ WG Bun	6/
7/	8/ BREAKFAST: Fruit Frudel LUNCH: Hamburger w/ WG Bun - Sun Chips - Smiley Fries - Toss Salad w/ LC Ranch - "Sunkist" Orange ALTERNATE: Cold Ham w/ WG Bun	9/ BREAKFAST: Sausage/Egg/Cheese Combo Link LUNCH: Breaded Corn Dog - Mixed Veggies - Carrot Sticks w/ LC Ranch - Apple Slices ALTERNATE: Combo Sub w/ WG Bun	10/ BREAKFAST: Donuts LUNCH: Toasted 4 Cheese Raviolli - Garlic Toast - Marinara - Celery Sticks w/ LC Ranch - Raisels ALTERNATE: Cold Meat Sandwich	11/ BREAKFAST: Cheddar Cheese Omelet LUNCH: BBQ Rib w/ WG Bun - Baked Beans - Fresh Brocolli w/ LC Ranch - Diced Pears ALTERNATE: Turkey Swiss Wrap	12/ BREAKFAST: Mc J-Hawk Breakfast Sandwich LUNCH: Walking Tacos w/ WG Nacho Chips - Shredded Lettuce - Diced Tomatoes - Applesauce Cup - Brownie ALTERNATE: Ham & Cheese w/ WG Bun	1
14/	PROFESSIONAL DEVELOPMENT NO SCHOOL FOR STUDENTS	16/ BREAKFAST: Pancakes w/ LC Syrup LUNCH: Chicken Quesadilla - Salsa - Corn - Banana ALTERNATE: Combo Sub w/ WG Bun	17/ BREAKFAST: Breakfast Bar LUNCH: Breaded Chicken Strips - Dinner Roll - Breaded Brocolli Bites - Cucumber Slices w/ LC Ranch - Frozen Fruit Cup ALTERNATE: Cold Meat Sandwich	18/ BREAKFAST: Yogurt Parfait LUNCH: Beef Pretzel Dog - Baked Beans - Dragon Punch Veggie Punch - Fruit Cocktail ALTERNATE: Turkey Swiss Wrap	19/ BREAKFAST: Cinnamon Roll LUNCH: Cheesy Garlic French Bread - Marinara - Romaine w/ LC Ranch - Diced Peaches - Sherbet ALTERNATE: Ham & Cheese w/ WG Bun	20/
21/	22/ BREAKFAST: Snack Bread LUNCH: Grilled Chicken w/ WG Bun - Mixed Veggies - Carrot Sticks w/ LC Ranch - Diced Pears ALTERNATE: Cold Ham w/ WG Bun	23/ BREAKFAST: Waffles w/ LC Syrup LUNCH: Beef Taco Stick - Shredded Lettuce - Diced Tomatoes - Apple Slices ALTERNATE: Combo Sub w/ WG Bun	24/ BREAKFAST: Breakfast Bagel LUNCH: Pancake Sausage Stick w/ LC Syrup - Hashbrown - GoGurt - Fresh Cauliflower - Orange Juice Cup ALTERNATE: Cold Meat Sandwich	25/ BREAKFAST: French Toast Sausage Tornado LUNCH: Cheddarwurst w/ WG Bun - Baked Beans - Celery Sticks w/ LC Ranch - Pineapple Tidbits ALTERNATE: Turkey Swiss Wrap	26/ BREAKFAST: Scrambled Eggs & Toast LUNCH: Stuffed Crust Pizza - Fresh Brocolli w/ LC Ranch - Dragon Punch Veggie Juice - Mixed Fruit - Cookie ALTERNATE: Ham & Cheese w/ WG Bun	27/
28/	29/ BREAKFAST: Muffin LUNCH: Sloppy Joe w/ WG Bun - Steak Fries - Toss Salad w/ LC Ranch - Applesauce Cup ALTERNATE: Cold Ham w/ WG Bun	30/ BREAKFAST: Cinnamon Cream Cheese Pretzel Stick LUNCH: Chicken Pizza Quesadilla - Salsa - Corn - Banana ALTERNATE: Combo Sub w/ WG Bun	April Showers	May Flowers \$\$\$\$\$\$\$\$	vector EPS 10	

BREAKFAST options include cereal variety, oatmeal, toast, applesauce, fresh fruit, orange juice, apple juice, and grape juice

SALAD BAR offered for grades 5 - 12 daily. Items may include lettuce, fresh fruit and vegetables, canned fruits, diced egg, diced ham, pasta salad and yogurt

\*\*MENUS ARE SUBJECT TO CHANGE\*\*