






This institution is an equal opportunity provider

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1% white milk, skim white milk, fat free chocolate milk offered for every meal.			1/ BREAKFAST: Biscuits & Gravy LUNCH: Chicken Nuggets - Dinner Roll - Peas - Carrot Sticks w/ LC Ranch - Raisels ALTERNATE: Cold Meat w/ WG Bun	2/ BREAKFAST: Mc J-Hawk LUNCH: Hot Dog w/ WG Bun - Baked Beans - Celery Sticks w/ LC Ranch - Apple Slices ALTERNATE: Turkey Swiss Wrap	3/ BREAKFAST: Breakfast Pizza LUNCH: Pizza Cruncher - Marinara - Romaine w/ LC Ranch - Diced Peaches - Brookee ALTERNATE: Ham & Cheese w/ WG Bun	4/
5/	6/ BREAKFAST: Fruit Frudel LUNCH: Hamburger w/ WG Bun - Smiley Fries - Dragon Punch - Applesauce Cup ALTERNATE: Cold Ham w/ WG Bun	7/ BREAKFAST: Breakfast Power Bites LUNCH: Breaded Corn Dog - Steamed Carrots - Toss Salad w/ LC Ranch - Banana ALTERNATE: Combo Sub w/ WG Bun	8/ BREAKFAST: Donuts LUNCH: Beef Lil Smokies - Soft Pretzel - Cheese Sauce (MS/HS) - Carrot Sticks w/ LC Ranch - Raisels ALTERNATE: Cold Meat w/ WG Bun	9/ BREAKFAST: Cheddar Cheese Omelet LUNCH: Breaded Fish w/ WG Bun - Baked Beans - Potato Salad - Orange ALTERNATE: Turkey Swiss Wrap	10/ BREAKFAST: Long John LUNCH: Pizza Round - Fresh Broccoli & Cauliflower w/ LC Ranch - Pineapple Tidbits - Ice Cream ALTERNATE: Ham & Cheese w/ WG Bun	11/
12/	13/ BREAKFAST: Muffin LUNCH: Breaded Chicken Patty w/ WG Bun - Green Beans - Carrot Sticks w/ LC Ranch - Apple Slices ALTERNATE: Cold Ham w/ WG Bun	14/ BREAKFAST: Pancakes w/ Syrup LUNCH: Crisпитos - Toss Salad w/ LC Ranch - Grape Tomatoes - Mixed Fruit ALTERNATE: Combo Sub w/ WG Bun	15/ BREAKFAST: Breakfast Bar LUNCH: Orange Chicken - Veggie Rice - Dragon Punch Veggie Juice - Orange ALTERNATE: Cold Meat w/ WG Bun	16/ BREAKFAST: Yogurt Parfait LUNCH: Hot Ham & Cheese w/ WG Bun - Baked Beans - Cucumber Slices w/ LC Ranch - Raisels ALTERNATE: Turkey Swiss Wrap	17/ BREAKFAST: Mini Cinni LUNCH: Stuffed Crust Pizza - Marinara - Romaine w/ LC Ranch - Pineapple Tidbits - Brownie ALTERNATE: Ham & Cheese w/ WG Bun	18/
19/	20/ BREAKFAST: Pop Tart LUNCH: Breakfast Pizza Bagel - Hashbrown Patty - Dragon Punch Veggie Juice - Applesauce Cup ALTERNATE: Cold Ham w/ WG Bun	21/ BREAKFAST: Waffles w/ Syrup LUNCH: Chicken Quesadilla - Salsa - Corn - Banana ALTERNATE: Combo Sub w/ WG Bun	22/ BREAKFAST: Churros LUNCH: Breaded Pork Steak w/ WG Bun - Smiley Fries - Carrot Sticks w/ LC Ranch - Diced Pears ALTERNATE: Cold Meat w/ WG Bun	23/ BREAKFAST: Snack Bread LUNCH: Cheesy Pull Apart - Marinara - Romaine w/ LC Ranch - Diced Peaches - Cookie ALTERNATE: Turkey Swiss Wrap		25/
26/						
29/	<p>SALAD BAR offered for grades 5 - 12 daily. Items may include lettuce, fresh fruit and vegetables, canned fruits, diced egg, diced ham, pasta salad and yogurt</p> <p>**MENUS ARE SUBJECT TO CHANGE**</p>					