## This institution in an equal opportunity provider Sunday Monday Saturday 3/ 1% white milk, skim white milk, fat free chocolate milk offered for every meal. 5/ 7/ 6/ 8/ 10/ 14/ 11/ 12/ 13/ 15/ 16/ 17/ 18/ 19/ 21/ 22/ 23/ BREAKFAST: 24/ 20/ Snackbread LUNCH: Pizza Crunchers - Marinara Dipping Sauce - Shredded Romain w/ LC Ranch - Apple Slices - WG Cookie **ALTERNATE: Ham & Cheese** w/ WG Bun 28/ BREAKFAST: Skillet 25/ 26/ BREAKFAST: Pop 27/ BREAKFAST: Mini 29/ BREAKFAST: 30/ BREAKFAST: Mini Cinni Omelet w/ Cheddar Cheese Tart LUNCH: Hamburger Waffles w/ SF Syrup Breakfast Pizza LUNCH: LUNCH: Stuffed Crust Pizza LUNCH: Popcorn Chicken w/ WG Bun - Smiley Fries **LUNCH:** Crispitos - Salsa Beef Pretzel Dog (Pig in a - Fresh Brocolli w/ LC Ranch Mashed Potatoes - Dinner Blanket) - Baked Beans -- Tomato Slice - Raisels Toss Salad w/ LC Ranch -Dragon Punch Juice -Roll - Cucumber Slices w/ LC ALTERNATE: Ham & **Banana ALTERNATE:** Carrot Sticks w/ LC Pineapple Tidbits - WG Ranch - Applesauce Cup Cheese w/ WG Bun Combo Sub w/ WG Bun Ranch - Mixed Fruit Cookie ALTERNATE: Ham ALTERNATE: Sunbutter Sandwich NUT FREE ALTERNATE: Turkey & Sandwich w/ WG Bun Cheese Wrap 31/ BREAKFAST options include cereal variety, oatmeal, toast, applesauce, fresh fruit, orange juice, apple juice, and grape juice

BREAKFAST options include cereal variety, oatmeal, toast, applesauce, fresh fruit, orange juice, apple juice, and grape juice

SALAD BAR offered for grades 5 - 12 daily. Items may include lettuce, fresh fruit and vegetables, canned fruits, diced egg, diced ham, pasta salad and yogurt

\*\*MENUS ARE SUBJECT TO CHANGE\*\*