

September 2024

This institution in an equal opportunity provider

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1% white milk, skim white milk, fat free chocolate milk offered for every meal.		3/ BREAKFAST: French Toast Sticks w/ LC Syrup LUNCH: Chicken & Cheese Quesadilla - Corn - Carrot Sticks w LC Ranch - Diced Peaches ALTERNATE: Combo Sub w/ WG Bun	4/ BREAKFAST: Breakfast Bar (Ham or Sausage) LUNCH: Egg & Cheese Breakfast Bagel - Jumbo Hashbrown Rounds - String Cheese - Orange Juice Cup ALTERNATE: Ham & Cheese w/ WG Bun	5/ BREAKFAST: Pancake Sausage Stick w/ LC Syrup LUNCH: Hot Dog w/ WG Bun - Baked Beans - Shredded Romain w/ LC Ranch - Diced Strawberries ALTERNATE: Turkey & Cheese Wrap	6/ BREAKFAST: WG Long John Donut LUNCH: Mozzarella Cheese Bites - Marinara Dippin Sauce - Celery Sticks w/ LC Ranch - Orange - Frozen Yogurt ALTERNATE: Sunbutter Sandwich (NUT FREE)	7/
8/	9/ BREAKFAST: Fruit Frudel (Apple or Strawberry) LUNCH: Breaded Chicken Patty w/ WG Bun - Steamed Carrots - Dragon Punch Juice - Apple Slices ALTERNATE: Ham Sandwich w/ WG Bun	10/ BREAKFAST: Mini Pancakes w/ LC Syrup LUNCH: Walking Tacos w/ WG Nacho Chips - Shredded Lettuce - Diced Tomatoes - Shredded Cheese - Banana ALTERNATE: Cold Meat Sandwich w/ WG Bun	11/ BREAKFAST: Sausage/Egg/Cheese Combo Link LUNCH: Beef Lil Smokies - WG Soft Pretzel - Baked Beans - Cucumber Slices w/ LC Ranch - Frozen Fruit Cup ALTERNATE: Combo Sub w/ WG Bun	12/ BREAKFAST: Yogurt Parfait LUNCH: Breaded Fish Sticks - Potato Salad - Carrot Sticks w/ LC Ranch - Diced Pears ALTERNATE: Ham & Cheese w/ WG Bun	13/ BREAKFAST: Egg/Cheese Breakfast Bagel LUNCH: Cheese Pizza Round - Fresh Broccoli & Toss Salad w/ LC Ranch - Raisels - WG Brookee ALTERNATE: Turkey Swiss Wrap	14/
15/	16/ BREAKFAST: Cinnamon Cream Cheese Pretzel Stick LUNCH: Grilled Cheese Sandwich - Tomato Soup - Celery Sticks w/ LC Ranch - Mixed Fruit ALTERNATE: Cold Meat Sandwich w/ WG Bun	17/ BREAKFAST: Sausage/Egg/Potato Power Bites LUNCH: Breaded Corn Dog - Hashbrown Patty - Carrot Sticks w/ LC Ranch - Diced Peaches ALTERNATE: Combo Sub w/ WG Bun	18/ BREAKFAST: !!NEW!! Egg & Bacon Bites LUNCH: Turkey & Noodles - Dinner Roll - Mixed Veggies - Dragon Punch Juice - Applesauce ALTERNATE: Sunbutter Sandwich (NUT FREE)	19/ BREAKFAST: Mini Donuts LUNCH: Cheddarwurst w/ WG Bun - Baked Beans - Grape Tomatoes - Diced Strawberries ALTERNATE: Turkey & Cheese Wrap	20/ BREAKFAST: Scrambled Egg w/ WW Toast LUNCH: Mascot "J-Hawk" Cheesy Garlic Bread - Marinara Dipping Sauce - Shredded Romain w/ LC Ranch - Apple Slices - Orange Sherbet ALTERNATE: Ham & Cheese w/ WG Bun	21/
22/	23/ BREAKFAST: Muffin LUNCH: !!NEW!! WG Pepperjack Pretzel Bites - Cucumber Slices & Carrot Sticks w/ LC Ranch - Pineapple Tidbits ALTERNATE: Ham Sandwich w/ WG Bun	24/ BREAKFAST: Mini French Toast w/ LC Syrup LUNCH: Beef Taco Stick - Shredded Lettuce - Diced Tomato - Raisels ALTERNATE: Combo Sub w/ WG Bun	25/ BREAKFAST: Biscuits & Gravy LUNCH: Spahgetti w/ Meat Sauce - Garlic Toast - Green Beans - Frozen Fruit Slushie Cup ALTERNATE: Ham & Cheese w/ WG Bun	26/ BREAKFAST: !!NEW!! Breakfast Flatbread LUNCH: Hot Ham & Cheese w/ WG Bun - Baked Beans - Fresh Cauliflower w/ LC Ranch - Diced Pears ALTERNATE: Sunbutter Sandwich (NUT FREE)	27/ BREAKFAST: WG Cinnamon Roll LUNCH: Pizza Crunchers - Marinara Dipping Sauce - Fresh Broccoli w/ LC Ranch - Fresh Kiwi - WG Brownie ALTERNATE: Cold Meat Sandwich w/ WG Bun	28/
29/	30/ BREAKFAST: Snackbread LUNCH: Sloppy Joe w/ WG Bun - Smiley Fries - Dragon Punch Juice - Applesauce ALTERNATE: Turkey & Cheese Wrap					

BREAKFAST options include cereal variety, oatmeal, toast, applesauce, fresh fruit, orange juice, apple juice, and grape juice

SALAD BAR offered for grades 5 - 12 daily. Items may include lettuce, fresh fruit and vegetables, canned fruits, diced egg, diced ham, pasta salad and yogurt

****MENUS ARE SUBJECT TO CHANGE****