

JESUP COMMUNITY SCHOOLS NEWSLETTER

JANUARY, 2025

JANUARY DATES/ACTIVITIES:

Thursday, Jan. 23

4:15 pm - HOME MS B BB

6:15 pm - HS Wrestle

Friday, Jan. 24

4:00 pm - HOME JV/V B/G BB

4:30 pm - HS Wrestle

Saturday, Jan. 25

10:00 am - HS B Wrestle

@ OABCIG HS

Monday, Jan. 27

4:15 pm - JH B BB @ Wapsie Valley

6:00 pm - JV/V B BB @ Vinton-Shellsburg

Tuesday, Jan. 28

4:00 pm - HOME JV/V B/G BB

6:15 pm - HS Wrestle @ Denver

Thursday, Jan. 30

4:15 pm - HOME JH B BB

Friday, Jan. 31

4:30 pm - JV/V B/G BB @ E. Marshall

FEBRUARY DATES/ACTIVITIES:

Saturday, Feb. 1

10:00 am - HS Wrestle @ A-P

3:00 pm - JV/V B BB @ Don Bosco Catholic

Tuesday, Feb. 4

4:00 pm - JV/V B/G BB @ Wapsie Valley

4:15 pm - JH B BB @ Sumner Fred

Thursday, Feb. 6

4:15 pm - HOME JH B BB

Friday, Feb. 7

4:15 pm - JH B BB @ Dunkerton

4:30 pm - JV/V B/G BB @ Columbus Catholic

Monday, Feb. 10

6:15 pm - JV/V G BB @ Turkey Valley

Tuesday, Feb. 11

4:15 pm - HOME JH B BB

4:30 pm - JV/V B/G BB @ DNH

Thursday, Feb. 13

4:00 pm - HOME JH B BB

5:00 pm - HOME JV/V B BB

Saturday, Feb. 15

10:00 am - HS Wrestle @ Collins-Maxwell

7:00 pm - V G BB Reg. Tourn. @ TBA

Monday, Feb. 17

4:15 pm - HOME JH B BB

7:00 pm - V B BB Reg. Tourn. @ TBA

Tuesday, Feb. 18

7:00 pm - V G BB Reg. Tourn. @ TBA

Thursday, Feb. 20

4:15 pm - JH B BB @ Oelwein

7:00 pm - V B BB Reg. Tourn. @ TBA

Friday, Feb. 21

7:00 pm - V G BB Reg. Tourn. @ TBA

The colder months haven't slowed us down – Jesup's Park & Recreation activities are in full gear.



Basketball

This year, 112 boys and girls in grades 3-6 signed up for basketball. Teams practice twice a week and compete in the Tri Rivers League and local tournaments before Christmas. After the holidays, the boys will play in a six-week league in Jesup, while the girls will compete in Janesville's league. Both teams will also participate in additional tournaments.

For younger players, about 30 boys in grades 1-2 are taking part in clinics and practices. A big thank you to our volunteer coaches for making these opportunities possible.

Looking ahead, the high school basketball coaching staff will host a youth clinic for boys and girls in grades 1-2 on March 8. More details will be shared soon.

Archery

This year, 106 students in grades 4-12 are participating in archery. They practice twice a week and compete in weekend tournaments, including 2-3 hosted right here in Jesup. A heartfelt thank you goes to the dedicated volunteers who make this program a success year after year.



Volleyball

The 5th and 6th grade club volleyball season is off to a great start. These athletes practice 1-2 times per week and will compete in several tournaments. The schedule is designed to



work around basketball, so students can enjoy both sports. Thank you to Coach Eryca Bass for leading this wonderful program!

PLEASE CHECK OUT OUR ACTIVITIES CALENDAR ONLINE

All event dates and times are subject to change due to weather, illness or other unforeseen circumstances.



Fitness Opportunities for adults

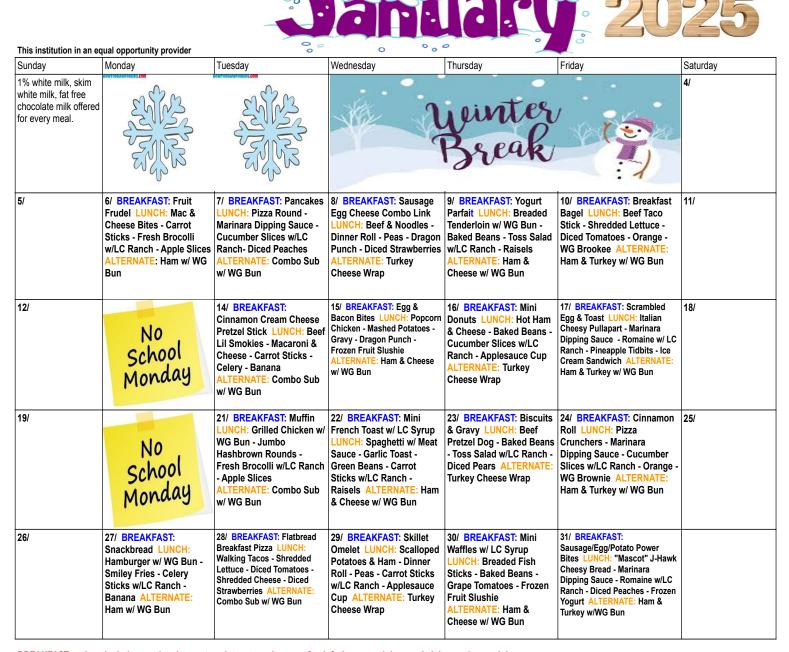
The Jesup Athletic Center (JAC) is now open Monday and Wednesday evenings from 7-9 p.m. for adults (non-students) to lift weights and participate in other fitness activities for just \$5. Early morning classes are also available. For more information, contact Brock Sabers at bsabers@jesup.k12.ia.us.



Additionally, the elementary and middle school halls are open for adults to walk from 6:30-7:30 pm on Sundays and Wednesdays. We're also gauging interest in Pickleball again this year, so stay tuned.



Keep an eye on the <u>Jesup Community Recreation Facebook</u> page for updates, and thank you to everyone who supports these programs and volunteers their time. Here's to a fantastic season ahead!





Start the Day (and the Year) Right!

Make giving your kids a healthy breakfast every day one of your New Year's resolutions.

If you're short on time in the morning or your kids aren't hungry when they wake up, send them to school for breakfast. Healthy food choices are available every morning in the cafeteria for **ALL students**.

We cannot wait to see them there!

Help your kids to make this semester a success - encourage them to eat breakfast!

This institution in an e	qual opportunity provider	Fel	orua	1.A	20	25
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1% white milk, skim white milk, fat free chocolate milk offered for every meal.						1/
2/	3/ BREAKFAST: Pop Tart LUNCH: Breaded Chicken Patty w/ WG Bun - Steamed Carrots - Dragon Punch Veggie Juice - Apple Slices ALTERNATE: Ham w/ WG Bun	4/ BREAKFAST: Breakfast Bar LUNCH: Chicken Quesadilla - Corn - Salsa - Banana ALTERNATE: Combo Sub w/ WG Bun	5/ BREAKFAST: Pancake Sausage Stick w/ SF Syrup LUNCH: Chilli - Mini Cinni - Celery Sticks - Carrot Sticks w/ LC Ranch - Raisels ALTERNATE: Ham & Cheese w/ WG Bun	6/ BREAKFAST: Egg & Sausage Empanada LUNCH: Hot Dog w/ WG Bun - Baked Beans - Cucumber Slices w/ LC Ranch - Mixed Fruit Cup ALTERNATE: Turkey Cheese Wrap	7/ BREAKFAST: Long John LUNCH: Stuffed Crust Pizza - Fresh Broccolli - Toss Salad w/ LC Ranch - Orange - Sherbet ALTERNATE: Ham Turkey & Cheese w/ WG Bun	8/
9/	10/ BREAKFAST: Breakfast Bagel LUNCH: Grilled Cheese - Tomato Soup - Celery Sticks - Carrot Sticks w/ LC Ranch - Apple Slices ALTERNATE: Ham w/ WG Bun	11/ BREAKFAST: Pancakes w/ SF Syrup LUNCH: Breaded Corn Dog - Baked Beans - Cauliflower w/ LC Ranch - Raisels ALTERNATE: Combo Sub w/ WG Bun	12/ BREAKFAST: Churros LUNCH: Breakfast Pizza - Yogurt - Hashbrown Patty - Dragon Punch Veggie Juice - Applesauce Cup ALTERNATE: Ham & Cheese w/ WG Bun	13/ BREAKFAST: Yogurt Parfait LUNCH: 4 Cheese Toasted Raviolli - Garlic Toast - Marinara Dipping Sauce - Shredded Romaine W/ LC Ranch - Pineapple Tidbits ALTERNATE: Turkey Cheese Wrap	14/ BREAKFAST: Strawberry Mini Cinni LUNCH: "Heart Shaped" Chicken Nuggets - WG Chips - Mixed Veggies - Grape Tomatoes - Cherry Frozen Fruit Slushie - WG Cookie ALTERNATE: Ham Turkey & Cheese w/ WG Bun	15/
16/	17/ BREAKFAST: Cinnamon Pretzel Stick w/ Cream Cheese LUNCH: Macaroni & Cheese - Soft Pretzel - Cucumber Slices - Carrot Sticks w/ LC Ranch - Orange ALTERNATE: Ham w/ WG Bun	18/ BREAKFAST: Sausage Egg Potato Power Bites LUNCH: Crispitos - Salsa - Toss Salad w/ LC Ranch - Banana ALTERNATE: Combo Sub w/ WG Bun	19/ BREAKFAST: Mini Donuts LUNCH: Chicken Alfredo - Peas - Dragon Punch Veggie Juice - Diced Strawberries ALTERNATE: Ham & Cheese w/ WG Bun	20/ BREAKFAST: French Toast Sticks w/ SF Syrup LUNCH: BBQ Rib w/ WG Bun - Baked Beans - Celery Sticks w/ LC Ranch - Diced Pears ALTERNATE: Turkey Cheese Wrap	BREAKFAST: Mc J-Hawk Breakfast Sandwich LUNCH: Cheese Pizza Round - Marinara - Fresh Broccolli w/ LC Ranch - Diced Peaches - Ice Cream ALTERNATE: Ham Turkey & Cheese w/ WG Bun	22/
23/	24/ BREAKFAST: Muffin LUNCH: Cheeseburger Soup - Breaded Cheese Stick - Grape Tomatoes - Fresh Cauliflower w/ LC Ranch - Apple Slices ALTERNATE: Ham w/ WG Bun	25/ BREAKFAST: French Toast Sausage Tornado w/ SF Syrup LUNCH: Chicken Pizza Quesadilla - Corn - Toss Salad w/ LC Ranch - Raisels ALTERNATE: Combo Sub w/ WG Bun	26/ BREAKFAST: Flatbread Breakfast Pizza LUNCH: Orange Chicken - Fried Veggie Rice - Dragon Punch Veggie Juice - Fresh Broccolli - Applesauce Cup ALTERNATE: Ham & Cheese w/ WG Bun	27/ BREAKFAST: Biscuits & Gravy LUNCH: Cheddarwurst w/ WG Bun - Baked Beans - Carrot Sticks w/ LC Ranch - Mixed Fruit ALTERNATE: Turkey Cheese Wrap	28/ BREAKFAST: Scrambled Eggs & Toast LUNCH: Pizza Crunchers - Marinara - Cucumber Slices w/ LC Ranch - Pineapple Tidbits - WG Brookee ALTERNATE: Ham Turkey & Cheese w/ WG Bun	

BREAKFAST options include cereal variety, oatmeal, toast, applesauce, fresh fruit, orange juice, apple juice, and grape juice
SALAD BAR offered for grades 5 - 12 daily. Items may include lettuce, fresh fruit and vegetables, canned fruits, diced egg, diced ham, pasta salad and yogurt



ELEMENTARY SCHOOL:

Celebrating SOARRing Students at Jesup Elementary

At Jesup Elementary, we take pride in teaching and recognizing positive behavior through our SOARR program. Each week, students who exemplify what it means to be SOARRing are celebrated for their efforts. SOARR stands for:

S: Safe

O: Open-Minded

A: Accountable

R: Respectful

R: Responsible

Students build these important skills through lessons in the Second Step program and weekly classroom meetings. These activities help them develop life skills and contribute to a positive, supportive school environment. We are proud of our SOARRing students and excited to see them continue to grow and succeed.





Recent TK/Kindergarten SOARRing Students



Start the Day Right: The Importance of Being on Time

These chilly winter mornings can make it harder to get everyone out the door on time, but it's important for students to arrive at school by 8:15 am. We've noticed an increase in late arrivals, and we want to remind families that being on time helps students make the most of their day. When students are late, they miss valuable learning time that sets the tone for the rest of the day. Let's work together to ensure every child has a strong start to their school day!

Welcoming Student Teachers to Jesup Elementary

Jesup Elementary is excited to welcome three student teachers to our school this semester! These future educators will have the chance to learn and grow alongside our talented staff.

Kate Girsch is working with PE teacher, Mr. Nick Green **Zoe Lampe** is working with art teacher, Ms. Jessica Duprey **Leah Neverman** is currently working with 3rd grade teacher, Ms. Erin Hunter. Later this semester, she will join 2nd grade teacher, Ms. Stacey Conrad.









MIDDLE SCHOOL ::::

New Year, New Seasons:

Boys Basketball & Girls Wrestling Hit the Courts & Mats



Our winter sports teams switched gears after winter break. Girls basketball and boys wrestling wrapped up their seasons at the end of December, making way for boys basketball and girls wrestling to take the spotlight.

This year, we have 29 boys participating in basketball, supported by six hardworking managers. These strong numbers are sure

to make for an exciting season. Mark your calendars for their first two home games on January 20 and 27 – we'd love to see you there, cheering them on.

We're also thrilled to announce the inaugural season of middle school girls wrestling! This new program, offered in partnership with Independence Junior High, provides our athletes with a chance to compete against other schools. We're excited to have seven girls stepping onto the mat for this historic first season. Their first two home meets,

hosted in Independence, are scheduled for January 17 and 24. Thank you for supporting our student-athletes. We can't wait to see you in the stands.



Exploring 3D Printing in ELP

Written by Kale Harrold, 6th grader

In ELP, we've been learning all about 3D printing – what it is and how to use it. One of our projects was making a 3D ornament. It was a challenge because we had to figure out how to use the printer and make sure the design wouldn't break during printing. I created a 3D wreath ornament, and it turned out really cool! One important thing I learned is to keep the shapes close together in the design so they don't break.

3D printing could be super helpful in real life. You can make just about anything you need, like a small tool or something hard to find in stores. In ELP, older students are working on an even bigger project – they're creating a small Christmas town with the 3D printer.





Pep Band Kicks Off Winter Sports Season

As winter sports get underway, so does Pep Band! While most of the band is made up of high school students, one of our middle schoolers, Michael Hall-Ramsey, is also part of the ensemble. He plays bass guitar and has become an important member of the group. It's exciting to see Michael doing something he loves and contributing to the lively atmosphere at our winter sports events.



MIDDLE SCHOOL



Spotlight on "Girl Talk"

Written by Madison Nesbit & Lily Grover, 8th graders

At the end of the school day, students break into groups to practice skills from the Portrait of a Graduate framework. One of these groups, called Girl Talk, focuses on learning life skills through fun activities.

"In Girl Talk, we do fun activities that also teach us important skills," shared Madison Nesbit. "For example, we read from a book that teaches us lessons we can use at school and outside of school. We also made a slideshow about our 'ins and outs' for 2025. Each week, we focus on life skills like communicating and collaborating with others. These skills help us treat others with respect and build friendships. It's important to understand your personality so you can form meaningful connections with people who respect you."

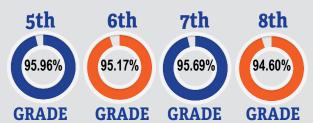
Lily Grover added, "In Girl Talk, we do all sorts of fun activities, including games. I've gained great communication, leadership, and teamwork skills. I think Girl Talk is amazing for preparing us for future jobs because it teaches us to support others, especially other girls, which is so important in the workplace. I love Girl Talk and have learned so much from the experience."

Girl Talk is a great way for students to build confidence, strengthen friendships, and develop skills that will last a lifetime.



Middle School Attendance Update

We're happy to share the latest attendance numbers for our middle school students as of January 10, 2025:



Overall Middle School Attendance: 95.39%

We appreciate the effort our students put into being present and engaged in their learning. Let's keep up the great work.





HIGH SCHOOL

Here's the latest attendance update for our high school students as of January 10, 2025:



Overall High School Attendance: 94.88%

We appreciate the effort our students put into being present and engaged in their learning. Let's keep up the great work.

High School Semester Update

Jesup High School wrapped up the first semester on Friday, January 10. We would like to congratulate the six seniors who graduated at semester – well done! The second semester began on Tuesday, January 14.



We're excited to continue the school year and look forward to all that our students will accomplish in the months ahead. Keep up the great work.

Second Semester Reminders

As we begin the second semester, here are a few important reminders for students and families:

- Parking: Students are not permitted to park along the football field. These spots are
 reserved for staff and contractors working on the North Addition. Please help us follow
 these parking expectations.
- **Cell Phones:** Students may use their cell phones during lunch and passing times. This has been the policy since the start of the year. However, if the policy is violated a second time, parents will need to pick up the phone from the office.
- Arriving on Time: With snow and ice season here, please allow extra time to get to school. School starts at 8:15 am, and students should be in class and seated by this time.







Thank you for your cooperation as we work together to make the second semester a success.





J-HAWKS BASEBALL & SOFTBALL COMPLEX:



J-Hawks Baseball & Softball Complex

Supporting the Dream: How You Can Help.

Your involvement is crucial in making this vision a reality. There are several ways you can provide assistance to this exciting project, whether through monetary donations or general support. Your participation helps build a legacy for our community and our youth.

Ways to support the project include:

- Monetary Donations: Financial contributions of any size will directly fund the construction and enhancement of the facilities.
- **Sponsorships:** Opportunities are available for naming rights of fields, dugouts, and other key areas.
- General Support: Your time and effort are just as valuable as any financial contributions. We ask you to answer the call when we seek involvement from community members. Every bit of help brings us closer to our goal. Consider how your talents and time can make a difference in bringing this dream to life.

Together, we can turn this vision into reality and provide a state-of-the-art complex that will be a source of pride for years to come. Your support is invaluable in making the Jesup Baseball & Softball Complex our New Grounds for Greatness.



How to Give.

Make a 501(c)(3) tax deductible donation to the J-Hawk Legacy Fund with the attached donation slip and mail to:

J-Hawk Legacy Fund c/o Jesup Schools 531 Prospect Street P.O. Box 287 Jesup, Iowa 50648

Questions?

Let us hear from you! If you have any questions or feedback about the project, please reach out at legacyfund@jesup. k12.ia.us. Your input and support are greatly appreciated.

Leadership Team.

Tim Turnis Volunteer

Jill Berg Volunteer

Tyler DesousaVolunteer

Nicole Weber Volunteer

Joe SmeinsJesup 7-12
Athletic Director

Chad Kohagen Jesup Superintendent **Brock Sabers**

Community
Recreation Director
and Varsity
Baseball Coach

Stacey Conrad Softball Coach

Sara Harrold Softball Coach

Bob Hellman Build our Ballpark



DONATION SLIP



Coming Together, Building Our Dreams.

We are embarking on an exciting journey that will transform the Jesup Baseball & Softball Complex into a true community gem. The renovated baseball and softball complex represents more than just a place to play; it's an opportunity to provide players and fans with a safe, accessible, and functional facility. With your support, we can create a state-of-the art facility that will be the pride of our community, providing our youth with a place to dream big and achieve even bigger.

This comprehensive project includes everything needed for a premier baseball and softball complex. From regrading the playing surfaces to replacing the infield, installing new fencing, and adding modern irrigation, every detail is designed to improve the experience for both players

and spectators. New dugouts, bullpens, scoreboards, and lighting will elevate the game-day atmosphere, while improved concessions and viewing areas will make it a destination for the whole community. When completed, these fields will stand as a testament to what our community can achieve when it comes together to do something special.

Imagine the pride in a childs' eyes as they step onto these fields, knowing that they are supported by a community that believes in them. These fields will be more than just places to play—they will be the heart of our community, where memories are made, and dreams are realized. By coming together, we can build a legacy that will inspire and uplift our youth for years to come.



Contribution Brackets

Grand Slam	\$25,000+
Homerun	\$15,000+
Hall of Fame	\$10,000+
MVP	\$5,000+
All-Star	\$2,500+
Teammate	\$1,000+
Fan	\$500+

Naming Opportunities

Complex	\$250,000
Varsity Fields (2)	\$100,000
Rec Fields (2)	\$50,000
Varsity Dugouts (4)	\$20,000
Rec Dugouts (4)	\$15,000
Scoreboards (4)	\$10,000



We urge your thoughtful consideration of this project for the Renovation of the Jesup Baseball & Softball Complex. Please show your support by completing and returning this form at your earliest convenience. The following is my preferred address for all gift acknowledgements and correspondence.

CONTACT INFORMATION

Name
Address
City / State / Zip
Phone
Email Address

DONOR RECOGNITION

All contributions of \$500 or more will be included on a public display located within the Jesup Baseball & Softball Complex.
Contributions will be recognized based on your instructions below.

	prefer to remain anonymous. Please do not publish my
r	name as a donor.
٦,	This contribution is made in honor of: