






# January 2025

This institution in an equal opportunity provider

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1% white milk, skim white milk, fat free chocolate milk offered for every meal.						4/
5/	6/ <b>BREAKFAST:</b> Fruit Frudel <b>LUNCH:</b> Mac & Cheese Bites - Carrot Sticks - Fresh Broccoli w/LC Ranch - Apple Slices <b>ALTERNATE:</b> Ham w/ WG Bun	7/ <b>BREAKFAST:</b> Pancakes <b>LUNCH:</b> Pizza Round - Marinara Dipping Sauce - Cucumber Slices w/LC Ranch- Diced Peaches <b>ALTERNATE:</b> Combo Sub w/ WG Bun	8/ <b>BREAKFAST:</b> Sausage Egg Cheese Combo Link <b>LUNCH:</b> Beef & Noodles - Dinner Roll - Peas - Dragon Punch - Diced Strawberries <b>ALTERNATE:</b> Turkey Cheese Wrap	9/ <b>BREAKFAST:</b> Yogurt Parfait <b>LUNCH:</b> Breaded Tenderloin w/ WG Bun - Baked Beans - Toss Salad w/LC Ranch - Raisels <b>ALTERNATE:</b> Ham & Cheese w/ WG Bun	10/ <b>BREAKFAST:</b> Breakfast Bagel <b>LUNCH:</b> Beef Taco Stick - Shredded Lettuce - Diced Tomatoes - Orange - WG Brookie <b>ALTERNATE:</b> Ham & Turkey w/ WG Bun	11/
12/		14/ <b>BREAKFAST:</b> Cinnamon Cream Cheese Pretzel Stick <b>LUNCH:</b> Beef Lil Smokies - Macaroni & Cheese - Carrot Sticks - Celery - Banana <b>ALTERNATE:</b> Combo Sub w/ WG Bun	15/ <b>BREAKFAST:</b> Egg & Bacon Bites <b>LUNCH:</b> Popcorn Chicken - Mashed Potatoes - Gravy - Dragon Punch - Frozen Fruit Slushie <b>ALTERNATE:</b> Ham & Cheese w/ WG Bun	16/ <b>BREAKFAST:</b> Mini Donuts <b>LUNCH:</b> Hot Ham & Cheese - Baked Beans - Cucumber Slices w/LC Ranch - Applesauce Cup <b>ALTERNATE:</b> Turkey Cheese Wrap	17/ <b>BREAKFAST:</b> Scrambled Egg & Toast <b>LUNCH:</b> Italian Cheesy Pullapart - Marinara Dipping Sauce - Romaine w/ LC Ranch - Pineapple Tidbits - Ice Cream Sandwich <b>ALTERNATE:</b> Ham & Turkey w/ WG Bun	18/
19/		21/ <b>BREAKFAST:</b> Muffin <b>LUNCH:</b> Grilled Chicken w/ WG Bun - Jumbo Hashbrown Rounds - Fresh Broccoli w/LC Ranch - Apple Slices <b>ALTERNATE:</b> Combo Sub w/ WG Bun	22/ <b>BREAKFAST:</b> Mini French Toast w/ LC Syrup <b>LUNCH:</b> Spaghetti w/ Meat Sauce - Garlic Toast - Green Beans - Carrot Sticks w/LC Ranch - Raisels <b>ALTERNATE:</b> Ham & Cheese w/ WG Bun	23/ <b>BREAKFAST:</b> Biscuits & Gravy <b>LUNCH:</b> Beef Pretzel Dog - Baked Beans - Toss Salad w/LC Ranch - Diced Pears <b>ALTERNATE:</b> Turkey Cheese Wrap	24/ <b>BREAKFAST:</b> Cinnamon Roll <b>LUNCH:</b> Pizza Crunchers - Marinara Dipping Sauce - Cucumber Slices w/LC Ranch - Orange - WG Brownie <b>ALTERNATE:</b> Ham & Turkey w/ WG Bun	25/
26/	27/ <b>BREAKFAST:</b> Snackbread <b>LUNCH:</b> Hamburger w/ WG Bun - Smiley Fries - Celery Sticks w/LC Ranch - Banana <b>ALTERNATE:</b> Ham w/ WG Bun	28/ <b>BREAKFAST:</b> Flatbread Breakfast Pizza <b>LUNCH:</b> Walking Tacos - Shredded Lettuce - Diced Tomatoes - Shredded Cheese - Diced Strawberries <b>ALTERNATE:</b> Combo Sub w/ WG Bun	29/ <b>BREAKFAST:</b> Skillet Omelet <b>LUNCH:</b> Scalloped Potatoes & Ham - Dinner Roll - Peas - Carrot Sticks w/LC Ranch - Applesauce Cup <b>ALTERNATE:</b> Turkey Cheese Wrap	30/ <b>BREAKFAST:</b> Mini Waffles w/ LC Syrup <b>LUNCH:</b> Breaded Fish Sticks - Baked Beans - Grape Tomatoes - Frozen Fruit Slushie <b>ALTERNATE:</b> Ham & Cheese w/ WG Bun	31/ <b>BREAKFAST:</b> Sausage/Egg/Potato Power Bites <b>LUNCH:</b> "Mascot" J-Hawk Cheesy Bread - Marinara Dipping Sauce - Romaine w/LC Ranch - Diced Peaches - Frozen Yogurt <b>ALTERNATE:</b> Ham & Turkey w/WG Bun	

**BREAKFAST** options include cereal variety, oatmeal, toast, applesauce, fresh fruit, orange juice, apple juice, and grape juice

**SALAD BAR** offered for grades 5 - 12 daily. Items may include lettuce, fresh fruit and vegetables, canned fruits, diced egg, diced ham, pasta salad and yogurt

**\*\*MENUS ARE SUBJECT TO CHANGE\*\***