



This institution in an equal opportunity provider							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1% white milk, skim white milk, fat free chocolate milk offered for every meal.		1/ BREAKFAST: Sausage Egg & Cheese Link LUNCH: Chicken Quesadilla - Salsa - Celery Sticks w/ LC Ranch - Diced Pears ALTERNATE: Combo Sub w/ WG Bun	2/ BREAKFAST: Egg Bites LUNCH: Boneless Chicken Bites - Dinner Roll - Mashed Potatoes - Dragon Punch Veggie Juice - Raisels ALTERNATE: Ham & Cheese w/ WG Bun	3/ BREAKFAST: Mini Donuts LUNCH: BBQ Rib w/ WG Bun - Baked Beans - Carrot Sticks w/ LC Ranch - Mixed Fruit ALTERNATE: Turkey Cheese Wrap	4/ BREAKFAST: Mc J-Hawk Sandwich LUNCH: Garlic Cheese Bread - Marinara - Fresh Brocolli w/ LC Ranch - Diced Strawberries - WG Brownie ALTERNATE: Turkey Ham Cheese w/ WG Bun	5/	
6/	7/ BREAKFAST: Pop Tart LUNCH: Grilled Chicken w/ WG Bun - Steamed Carrots - Dragon Punch Veggie Punch - Apple Slices ALTERNATE: Ham w/ WG Bun	8/ BREAKFAST: Mini French Toast LUNCH: Crispitos - Toss Salad w/ LC Ranch - Grape Tomatoes - Diced Peaches ALTERNATE: Combo Sub w/ WG Bun	9/ BREAKFAST: Breakfast Pizza LUNCH: Chicken Alfredo - Peas - Carrot Sticks w/ LC Ranch - Applesauce Cup ALTERNATE: Ham & Cheese w/ WG Bun	10/ BREAKFAST: Biscuits & Gravy LUNCH: Beef Pretzel Dog - Baked Beans - Cucumber Slices w/ LC Ranch - Frozen Fruit Slushie ALTERNATE: Turkey Cheese Wrap	11/ BREAKFAST: Scrambled Eggs & Toast LUNCH: Pizza Crunchers - Marinara - Shredded Romaine w/ LC Ranch - Pineapple Tidbits - Ice Cream Sandwich ALTERNATE: Turkey Ham Cheese w/ WG Bun	12/	
13/	14/ BREAKFAST: Snackbread LUNCH: Hamburger w/ WG Bun - Sliced Tomato - Smiley Fries - Apple Slices ALTERNATE: Ham w/ WG Bun	15/ BREAKFAST: Mini Waffles LUNCH: Beef Lil Smokies - Pretzel Bites - Baked Beans - Dragon Punch Veggie Juice - Diced Strawberries ALTERNATE: Combo Sub w/ WG Bun	16/ BREAKFAST: Skillet Omelet w/ Cheese LUNCH: Chicken & Waffles - Yogurt - Hashbrown Patty - Carrot Sticks - Orange Juice Cup ALTERNATE: Ham & Cheese w/ WG Bun	17/ BREAKFAST: Mini Cinni LUNCH: Cheese Filled Breadstick - Marinara - Fresh Brocolli w/ LC Ranch - Diced Pears ALTERNATE: Turkey Cheese Wrap	No School for Students	19/	
20/		22/ BREAKFAST: Muffin LUNCH: Breaded Chicken Patty w/ WG Bun - Corn - Toss Salad w/ LC Ranch - Frozen Fruit Slushie ALTERNATE: Combo Sub w/ WG Bun	23/ BREAKFAST: Breakfast Bar LUNCH: Turkey & Noodles - Dragon Punch Veggie Juice - Carrot Sticks w/ LC Ranch - Raisels ALTERNATE: Ham & Cheese w/ WG Bun	24/ BREAKFAST: Pancake Sausage Stick LUNCH: Stuffed Crust Pizza - Shredded Romaine w/ LC Ranch - Cucumber Slices - Mixed Fruit Cup ALTERNATE: Turkey Cheese Wrap	25/ BREAKFAST: Long John LUNCH: Mac & Cheese Bites - WG Chips - Baked Beans - Grape Tomatoes - Apple Slices ALTERNATE: Ham Turkey Cheese w/ WG Bun	26/	
27/	28/ BREAKFAST: Fruit Frudel LUNCH: Sloppy Joe w/ WG Bun - Crinkle Cut Fries - Carrot Sticks w/ LC Ranch - Diced Strawberries ALTERNATE: Ham w/ WG Bun	29/ BREAKFAST: Mini Pancakes LUNCH: Breaded Corn Dog - Mixed Veggies - Cauliflower w/ LC Ranch - Pineapple Cup ALTERNATE: Combo Sub w/ WG Bun	30/ BREAKFAST: Sausage Egg & Cheese Empanada LUNCH: Chicken Strips - Dinner Roll - Mashed Potatoes - Dragon Punch Veggie Juice - Applesauce Cup ALTERNATE: Ham & Cheese w/ WG Bun				

BREAKFAST options include cereal variety, oatmeal, toast, applesauce, fresh fruit, orange juice, apple juice, and grape juice									
SALAD BAR offered for grades 5 - 12 daily. Items may include lettuce, fresh fruit and vegetables, canned fruits, diced egg, diced ham, pasta salad and yogurt									
MENUS ARE SUBJECT TO CHANGE									