Jesup Comm Schools

FEBRUARY 2026 LUNCH

Discover MyPlate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Grilled Cheese Tomato Soup Fresh Broccoli Cucumber Slices Apple Sauce Cup	3 Walking Taco WG Nacho Chip Shredded Lettuce Diced Tomatoes Shredded Cheese Banana	4 Uncrustable WG Chips Carrot Sticks Veggie Juice Diced Strawberries	5 BBQ Pulled Pork w/ WG Bun Baked Beans Toss Salad Raisels	6 Mozzarella Cheese Bites Marinara Celery Sticks Diced Pears Ice Cream Cup
9 Breaded Chicken w/ WG Bun Mixed Veggies Fresh Cauliflower Orange	10 Bean Burrito Bowl Salsa Fiesta Corn Mixed Fruit	11 Popcorn Chicken Mashed Potatoes Veggie Juice Pineapple Tidbits	12 Beef Pretzel Dog Baked Beans Carrot Sticks Apple Slices	13 Cheese Pizza Round Fresh Romaine Grape Tomatoes Frozen Fruit Cup WG Cookie
16 Grilled Chicken w/ WG Bun Peas Carrot Sticks Apple	17 Crispitos Cheese Cubes Salsa Toss Salad Diced Peaches	18 Spaghettiw w/ Meat Sauce Garlic Knot Green Beans Diced Strawberries	19 Mac & Cheese Bites Baked Beans Celery Sticks Raisels	20 Cheese Filled Breadsticks Marinara Fresh Broccoli Kiwi WG Brookee
23 Macaroni & Cheese Broccoli Littles Cucumber Slices Apple Slices	24 Beef Taco Stick Corn Grape Tomatoes Banana	25 Turkey & Gravy w/ WG Biscuit Green Beans Veggie Juice Fruit Cup Gels	26 Boneless Chicken Bites WG Pretzel Baked Beans Carrot Sticks Applesauce Cup	27 Cheesy Pullapart Marinara Fresh Romaine Diced Pears Sherbet

Why is it not wise to tell secrets in a cornfield?

There are too many ears!

ALTERNATES

served on a whole grain bun

Feb 2 – 6
Turkey Ham & Cheese
Feb 9 – 13
Combo Sub
Feb 16 – 20
Cold Ham
Feb 23 – 27
Ham & Cheese

What am I?

I'm round and grow under the ground. My tall green tops taste good in soups and salads, but my red or golden root tastes nice and sweet.

Beets

This institution is an equal opportunity provider.

Use the Nutrition Facts label and ingredients list to limit items high in sodium, saturated fat, and added sugars. Choose vegetable oils instead of butter, and oil-based sauces and dips instead of ones with butter, cream, or cheese.

TEAM NUTRITION IOWA