

# Jesup Comm Schools



## MARCH 2026

### LUNCH



## What is a librarian's favorite vegetable?

Quiet Peas

#### ALTERNATES

\*served on a whole grain bun\*

March 2 – 6

Turkey Cheese Wrap

March 9 – 13

Combo Sub

March 16 – 17

Cold Ham

March 24 – 27

Ham & Cheese

March 30 – April 3 Comb Sub

## What am I?

I'm a leafy green vegetable that comes in different colors... including red! You most likely eat me in a salad or on a sandwich next to a slice of tomato.

Leaf Lettuce

This institution is an equal opportunity provider.

MONDAY

2  
Hamburger  
w/ WG Bun  
Smiley Fries  
Tomato Slice  
Raisels

9  
Breaded Corn  
Dog  
Potato Wedges  
Carrot Sticks  
Mixed Fruit

16  
Breaded Chicken  
w/ WG Bun  
Steamed Carrots  
Fresh Cauliflower  
Orange

23  
**SPRING  
BREAK**

30  
Grilled Chicken  
w/ WG Bun  
Green Beans  
Carrot Sticks  
Diced Pears

TUESDAY

3  
Pizza  
Quesadilla  
Salsa  
Cucumber Slices  
Diced Peaches

10  
Hot Ham &  
Cheese  
Mixed Veggies  
Grape Tomatoes  
Apple Slices

17  
Breakfast Pizza  
WG Muffin  
Yogurt  
Hashbrown Patty  
Grape Tomatoes  
Raisels

24  
Walking Taco  
WG Nacho Chips  
Shredded Lettuce  
Diced Tomatoes  
Shredded Cheese  
Apple Slices

31  
Beef Taco  
Fiestada  
Corn  
Cucumber Slices  
Apple

WEDNESDAY

4  
Un crustable  
WG Chips (MS HS)  
Beef Stick (MS HS)  
Veggie Juice  
Carrot Sticks  
Apple

11  
Orange Chicken  
Veggie Rice  
Celery Sticks  
Veggie Juice  
Banana

18  
**SPRING  
BREAK**

25  
Turkey & Gravy  
Mashed Potatoes  
Carrot Sticks  
Veggie Juice  
Banana

THURSDAY

5  
Chicken  
Nuggets  
Baked Beans  
Toss Salad  
Diced  
Strawberries

12  
Beef Lil Smokies  
WG Chips  
(Elem / MS)  
WG Pretzel (HS)  
Baked Beans  
Cucumber Slices  
Applesauce

19  
**SPRING  
BREAK**

26  
Beef Pretzel Dog  
Baked Beans  
Toss Salad  
Diced  
Strawberries

FRIDAY

6  
Pizza Crunchers  
Marinara  
Fresh Broccoli  
Mandarin Oranges  
Ice Cream  
Sandwich

13  
Stuffed Crust  
Pizza  
Romaine  
Grape Tomatoes  
Fruit Gel Cup  
Sherbet

20  
**SPRING  
BREAK**

27  
Cheese Pizza  
Round  
Fresh Broccoli  
Celery Sticks  
Diced Peaches



Make your own flavored water at home. Just add some sliced up fruit or vegetables and chill. Try cucumber or mint for a refreshing beverage!

**TEAM**  
NUTRITION  
IOWA™